

THE MAGAZINE OF  
THE JUNIOR LEAGUE OF TULSA

Volume 6, Issue 4  
FALL 2009

# gusher

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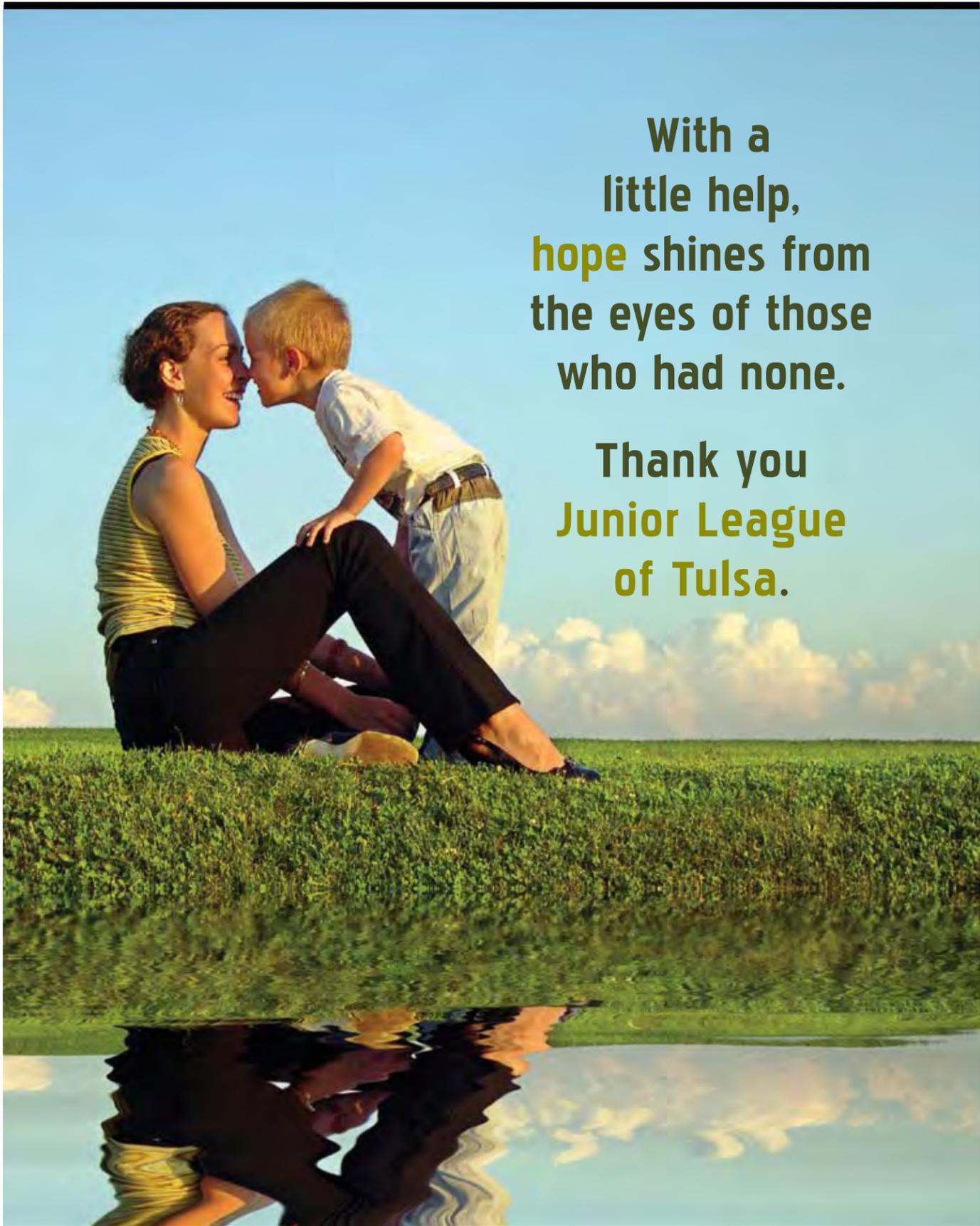


Portraits of  
Leadership

Sustainers Are Junior League's Lasting Legacy

PLUS:

2009-2010 Provisional Class • Success Story at Child Abuse Network



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## from the editor...

Hope everyone has had a happy summer! As many of us wrapped up our summer vacations and sent our children back to school; we also begin our new volunteer placements for the Junior League. I am excited that my transition has brought me to our Publications committee as editor of *Gusher*. I have already enjoyed working with several individuals who have contributed to this issue. I personally want to thank Mary Anne Thoman who chaired the *Gusher* for the last two years and has invested numerous hours preparing me for my new role. It is also important for me to note that *Gusher* is a team effort. The 2009-2010, *Gusher* Committee, or "Gusher Gals" a term I have borrowed from Mary Anne, have been meeting most of the summer and have been extremely enthusiastic about our first issue this year.

In this issue, we are looking at how JLT trains its members to be successful within the League and its community projects, then take those learned leadership traits and serve the Tulsa community long term, in many ways and venues. The Junior League of Tulsa is a perfect training ground for our members to gain confidence, learn new skills and prepare themselves to serve in a number of ways in our community. Our lead article highlights a few of our sustainers and how JLT prepared them for what they do now.

Another example of JLT training benefitting the community is exhibited in the special article about two of our 10-year members utilizing their learned skill sets to co-chair the American Lung Association's Beaujolais Nouveau. We also introduce the next generation of 'up and coming' leaders, our provisional class of 2009-2010. I feel empowered to know I belong to this special organization of women who not only inspire me, but have such a lasting impact on Tulsa.

Lastly, we are also sharing our pride with details from one of JLT's most recent accomplishments, the culmination of a four-year partnership with the Child Abuse Network to develop a volunteer program.

I hope you enjoy this issue and that you will consider submitting to *Gusher* this year. This publication is only as strong as its contributors' willingness to share stories, photos, memories and news!



Many Thanks,

*Jennifer Roberson*

Jennifer Roberson  
Editor 2009-2010

**On the cover:** JLT Sustainers: Front row – Susan McCalman; Back row – Pattie Bowman and Gaylyn Wattman. Photograph by Leslie Hoyt, [www.lesliehoyt.com](http://www.lesliehoyt.com).

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### Publications Committee 2009-2010

Jennifer Roberson, Editor  
Haley Cole  
Heather Luessenhop  
Katie Sylvester  
Lauren Davis  
Whitney Mathews

### Thank you to our Guest Contributors

Carissa Cooper  
Emily Dunaway  
Kate Howell  
Katherine Haskell  
Kathy Knight  
Mary Leake  
Sarah Dougherty  
Sarah Stewart

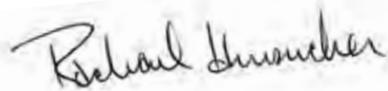
# Letter from the president

Recently I started to reflect on how humbled and inspired I was to serve as President of the Junior League of Tulsa this year. I was about to give a speech to committee chairs and board members of the League about leadership and our mission of promoting voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers. It struck a chord with me all the examples of that mission sitting in the room.

I was humbled as I looked around and was amazed at the talented group of women assembled. There were several familiar faces, women who over the years had developed into not only leaders in the League but also in the Tulsa community. There were also many fresh faces with fresh ideas and energy. All of whom, alongside the rest of our membership, were making a significant impact in the Tulsa community through their roles with the League as well as other organizations. They were following in the distinguished footsteps of our Sustaining members who continue to share their talents, skills, and hearts to improve Tulsa. This dedication to the mission strengthens and ensures Tulsa's future.

As we train our members through hands-on volunteer service we build lasting relationships and a passion for the community. Many opportunities are available this year through the wonderful projects chosen by our members. In addition to our signature project, the Family Resource Center at St. Francis Children's Hospital, members will also get their hands dirty at Global Gardens at Rosa Parks Elementary School, mentor and provide enrichment activities at the Laura Dester Children's Shelter, and assist with the Career Services Program at Resonance Center for Women. The scholarship program will continue to provide resources for high school seniors with demonstrated interest in volunteering, and recognize a woman in transition for her commitment to personal improvement. In addition, we will touch countless lives through the done-in-a-day projects implemented through our Impact Committee. Three exciting fundraisers are planned to provide needed support to our community work including the Holiday Market shopping event, American Girl Fashion Show, and Decadence gala. Looking towards the upcoming year I am truly inspired by what we can accomplish together.

Sincerely,



Rachael Hunsucker  
2009-2010 President



## Mission Statement

*Junior League of Tulsa reaches out to women of all races, religions, & national origins who demonstrate an interest in and commitment to voluntarism.*

The Junior League of Tulsa, Inc., is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

## Core Values

- Community:** It is the heart of all we do
- Diversity:** The synergy of different perspectives
- Voluntarism:** An essential component of our society
- Mentoring:** Essential growth for future generations
- Leadership:** The development of individual potential
- Respect:** For our members' time, energy and skills
- Collaboration:** Forming partnerships and strategic alliances
- Well-being:** Physical, mental, emotional and social

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Recording Secretary Kim Smith

Corresponding Secretary Kate Howell

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Community Council VP Sarah Dougherty

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Carolyn Dalton  
*Director of Development, Gilcrease Museum*

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*Co-Founder, 918 Moms*

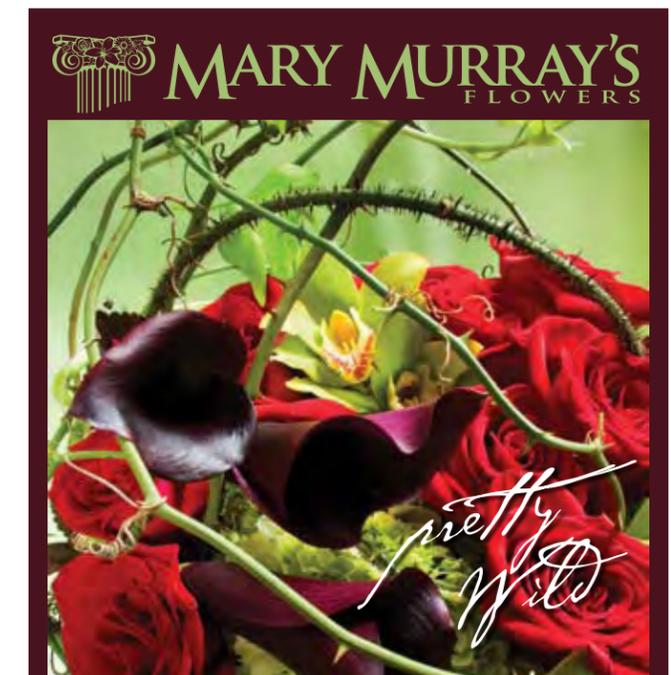
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*Heatherington & Fields, CPA*

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Janet Levit  
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Kathy Taylor  
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# Transitions

JLT Hugs Committee celebrates and supports our members. Let us celebrate with you and share the exciting times that are taking place in your life. You are encouraged to share the following: birth announcements, engagement and wedding announcements, condolences, any community or business recognition, or announcement of a new job or promotion, etc. Please send all details to Heather Cowdery, [heather.nichols@poloralphlauren.com](mailto:heather.nichols@poloralphlauren.com).

## Small Miracles

### Mackenzie Ann Mullen

Daughter of Suzanne (A) and Chris  
Born June 18th 2009



### Karoline Delaney Howell

Daughter of Kristen (S) & Kevin  
Born July 6th 2009

### Macey Lynn Warren

Daughter of Robin (A) & Mark  
Born July 20th 2009



### George Patrick Fairchild

Son of Vicki (A) & Mathew  
Born August 3rd 2009

## Condolences

To **BJ Weintraub** (A) on the death of her father.

To **Jennifer Roberson** (A) on the death of her mother-in-law.

To **Cyndi Kernan** (A) on the death of her grandmother.



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# Hello, Sustainers!



**Sue Curry**  
Sustaining President

**2009-2010**

**Sustaining Board**

- Mary Alice Ahlgren
- Laurie Brumbaugh
- Carol Bush
- Robyn Cannon
- Ann Foster
- Shari Graham
- Annabel Jones
- Brenda Jones
- Rachel Kopczynski
- Deborah Kurin

Fall is my favorite time of year. It not only brings beautiful colors and new themes, but marks the kickoff for schools, organizations and Sustainer's Events! The Sustaining Board met on August 12th to plan three events for you in the fall, Christmas and spring. The board meeting was fun and full of enthusiasm for the plans we laid for the upcoming year. We look forward to seeing you at these activities! Information will be sent via email and postal mail as the year progresses.

During the summer, Restaurant Club and Book Club continued to meet monthly. Restaurant Club met at Olivetto's, Rick's American Cafe, and TeKei's. Book Club analyzed and discussed *The Time Traveler's Wife* by Audrey Niffenegger at Connie Doverspike's home; *The Shadow of the Wind* by Carlos Luiz Zafon at Debbie Luthey's home and *March* by Geraldine Brooks, poolside at Sue Curry's home. New agendas are being planned and can be obtained by calling Ann Foster, Restaurant Club, 694-6118 or Annabel Jones, Book Club at 629-7552. Both clubs provide a fun, relaxing evening with great conversation and atmosphere. These are a great way to stay connected with Sustainer friends!

League projects offer another opportunity for Sustainer involvement and we are invited to participate. An invitation was sent earlier this year to train as a volunteer in the new League signature project, the Family Resource Library at St. Francis Children's Hospital. Sustainer Connie Doverspike answered the call and shared at book club in July how much she enjoyed being a volunteer there. I then asked her to share her experience with you in the fall *Gusher*. Connie recently completed the training and is volunteering.

Connie shares:

*"I heard Melissa Siemens talk about the new signature League project at the Sustainer's luncheon in February of this year and through the email blast and Gusher article, tweaking my interest again. Once I did the training, I realized this was a great fit for me. Kathy Perry, RN, and JLT Chairman Kathleen Jones provided group training which was thorough and provided a packet of information.*

*I was able to successfully complete my first shift independently, knowing I was a phone call away for answers to any questions. Volunteers work alone but there are plenty of visitors to keep you busy. I enjoy greeting the new families and meeting children, patients and their siblings. Many mothers with infants in the Pediatric Intensive Care Unit, now in the Children's Hospital, depend on the Family Resource Library as a source of information and a happy place to visit with a view of the outdoor playground. I even took advantage of my new status by joining the Health Zone at a special volunteer rate.*

*Computer skills are needed to use email as that is how volunteer shifts are coordinated, and to check out/in games and DVD movies. Time flies as there is much to accomplish including keeping statistics on items in the library. Two hour shifts are available Monday-Friday: 10-12 a.m., 12-2 p.m. and 6-8 p.m.; Saturday and Sunday 2-4 p.m.*

*A real need is for substitutes for regular committee members during the summer, school year holidays and children's illnesses. You do not have to commit to routine hours but help when it fits your schedule. Chairman Kathleen Jones or I are happy to give you a sample tour! To become a volunteer a mandatory hospital volunteer orientation, a TB test, and a background check (social security number required) must be completed."*

Connie, thank you for such a great volunteer testimonial!

Whether you choose to attend one of the year's Sustainer events, clubs, or participate in a League project as Connie does, your presence is welcome. The Sustaining Board invites you to any and all events! Again, my number is 298.4651 or email address is [brent-curry@cox.net](mailto:brent-curry@cox.net) for information about being a Sustainer or participating in an activity.

Sincerely,

*Sue Curry*

**2009-2010**  
**Sustaining Board**



front row, left to right, Deborah Kurin, Mary Alice Ahlgren, Shari Graham, Ann Foster; Second row, left to right, Rachel Kopczynski, Annabel Jones, Laurie Brumbaugh, Robyn Cannon and Sue Curry (not pictured is Brenda Jones)



Susan Staudt, Beverly Torr and Francine Bandy



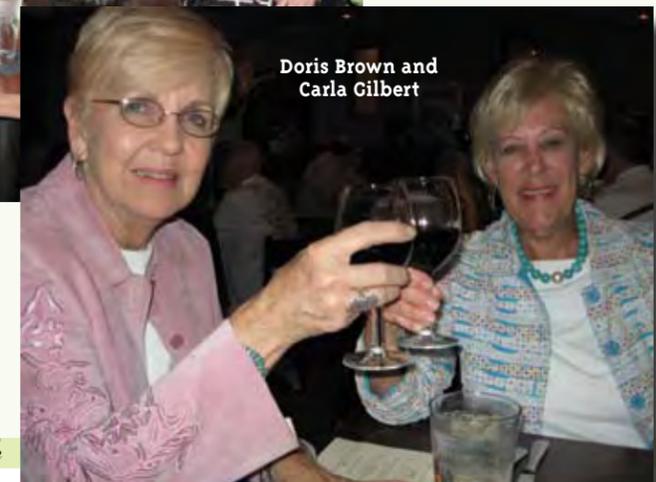
Nancy Daniel and Ann Foster



Tucky Hazen and Beverly Torr



Denise Piland, Nancy Daniel and Ann Foster



Doris Brown and Carla Gilbert

*The Restaurant Club at The Palace Cafe*

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# Portraits of Leadership

## Sustainers Are Junior League's Lasting Legacy

By Katherine Haskell

The Junior League of Tulsa has been dedicated to the task of training leaders since 1923. It has launched thousands of women into service in the greater Tulsa area, who donate their time and talents to helping improve the city. Junior League training – in areas from meeting management and publicity to budgeting – enables its volunteer members to perform the myriad of tasks necessary for programs to be successful. Honing their skills in volunteer placements, JLT members personify the principles of developing the potential of women and improving communities through the effective action and leadership of trained volunteers.

Junior League Sustainers, who've converted their membership from Active service after at least seven years, embody the ideal of a trained volunteer working to improve the lives of those around them. The women shown in this article have dedicated much of their adult lives to volunteer work in the Junior League and other Tulsa charities. They demonstrate how the JLT engenders in its members indelible leadership skills that are used in a variety of ways to improve the Tulsa community. When interviewed, each Sustainer quickly shared the names of other Sustainers who were more deserving than they to be singled out. The Junior League of Tulsa is grateful for all of our Sustaining members who have provided and continue to share their time, financial support and leadership to improve the League and our community.

### Gaylyn Wattman

*"There is an element of charisma to great leadership that defies description. Beyond that, I see a leader less as someone who dictates and more as a person who engages, inspires and is able to draw out the best in those she leads. A leader must be genuine to be credible."*

Gaylyn was an active member of the JLT for eight years before becoming a Sustainer. She chaired the Public Affairs and Placement Committees. Since becoming a Sustainer, she continues to give her service by serving on the C.A.N. board, as an Elder at her church, and on the board at her children's school. She teaches female inmates about domestic violence under the direction of DVIS. Professionally, she is the President of Oklahoma State Florists' Association and on the Regional Board of the American Institute of Floral Designers. She shares her design skills with many local schools and non-profits such as 12 & 12, Prevent Blindness Oklahoma, Volunteer Central and Resonance.

**Why did you originally join the Junior League?** I have a flower shop, started by my mother back in the day when the Jr. League operated the Tea Room in downtown Tulsa. Her support of the League inspired me, plus I live with an over-active sense of obligation to give back to my community. Add to that my desire to keep company with capable women who challenge each other to make a difference while having fun, and I had to say "Yes!"

**What was the biggest challenge you faced while a JLT member?** Most years I struggled to muster enthusiasm for the next year's placement. It seemed I was just "getting it" when it was time to move on. That's even true of my chairmanship of Placement!

**How did the JLT help you develop leadership skills?** I see "leadership" as a quality still ahead of my reach. There is nothing like field experience to help a person develop skills she didn't know she had. Facilitating techniques and managing group process are probably



the most valuable skills I acquired, because they have frequently allowed me to help those who thought they had no common ground going into a discussion reach consensus or at least an understanding.

**Do you have any leadership-development advice for our current active members?** Say "Yes" when asked to assume a new position that you think may be beyond you. You have a supportive membership who wants you to succeed and will give you what you need if you're willing to take it. The Junior League has earned its reputation for excellence in our community. Because we volunteer, our rewards are not measured in dollars and cents, they're measured in our achievements. I feel that part of the bargain I made when I became a JLT member was to share what I learned that is useful with others in the community.

### Pattie Bowman

*"A leader has the ability to help others reach a common goal."*

Pattie was an Active member for 10 years in the Junior Leagues of Akron and South Brevard, FL, then became a Sustainer in Tulsa. While active in the Junior League, she was Vice President of Publicity and Chairman for different fundraisers. The extensive list of fundraiser and board leadership positions she's held since includes Chairman of Designer Showcase, Ballet Ball, Kids' World, Heart Ball and Opera Ball. She served briefly as Managing Director for Tulsa Symphony after being Capital Campaign Chairman. Pattie serves on the Tulsa Ballet, Tulsa Opera and American Diabetes Association Boards when not traveling extensively with her husband or three adult children. Next year, Pattie will be the Vice President of Board Development for the Tulsa Opera and Chairman of the American Diabetes Association. Last year



she served as the Chairman of the Peggy V. Helmrich Distinguished Author Award Dinner for the Tulsa City-County Library. She has had the opportunity to meet several Pulitzer Prize winning authors. She attributes these amazing opportunities to her involvement with and training from the Junior League.

**Why did you originally join the Junior League?** To volunteer with friends who had the same goals. And if I moved, I would always find new friends with the same interests. It's a wonderful organization. I would like to leave one little mark on the world that has made it a better place, and volunteering is the best way to do that.

**What were the most useful/important skills you learned from working within the JLT?** The Junior League gave me the skills to be the volunteer that I am today. Learning how to deal with people, their different personalities and different abilities, was very important in working on large projects. Some people would rather be a chief and others an Indian. Learning to lead in the Junior League has enabled me to be the chief when called upon. If you just do that in the best way that serves the organization you've been working for, you've got a feather in your cap.

**What skills do you use in your current volunteer work that you attribute to your time in the JLT?** I don't like to have a lot of time on my hands and always want to be productive. The Junior League pushes you to try new projects, and you quickly have to learn on your feet. Over the years I developed so much experience undertaking new leadership positions that putting on fundraisers or working on boards seems easy. Although, I still don't know what I want to do when I grow up!

**Do you have any leadership-development advice for our current active members?** Don't try and accomplish the task at hand by yourself. Involve others, delegate, motivate and lead by example. It keeps fellow volunteers involved and interested. The interesting people that you meet, being able to broaden your own skills, finding out more about the community that you live in, how it's run, what's important – these are the most intriguing things about community volunteering. If you give of yourself, you get it back tenfold.

### Susan McCalman:

*"Leadership is helping people want to do their best job and reach their potential."*

Susan was an active member for 12 years. She chaired several committees including Provisionals, Cookbook, and Headquarters Administration. She also served with the Victim Witness Center, the precursor to DVIS. Since leaving the JLT, she has served as President of Town Hall Tulsa and the JLT Sustainers. For 20 years, she has been the Development Director of Family and Children's Services of Tulsa, and she spent three years in the middle of that at Bishop Kelley High School, working in development. She has two adult children.

**Why did you join the JLT?** I had been a volunteer before – Junior Opera Guild, Junior Philharmonic... massive groups where I was just one more body. I originally joined the JLT to work with my friends, and to take advantage of the famous training programs.

**What was your favorite placement and why?** Placement Advisor

– I loved helping members manage volunteer career around their life. Getting into something meaty like domestic violence issues helped me see a path where I could make a profound difference in individuals' lives.

**What were the most useful/important skills you learned?** There were three. I hate wasting time. Sometimes I think everyone should be required to run a meeting the JLT way, they're so efficient and productive! In my present volunteer work, I work with women from various volunteer backgrounds and because of my JLT work, am able to reach consensus with people around a common goal. Last, having to speak at general meetings taught me to speak in public. Now that I'm with a United Way agency I give a million talks a year, so it really prepared me for that.

**What leadership advice do you have for current Active members?** The JLT helped me develop leadership skills by putting me in positions that made me stretch and learn to lead. Have as many different experiences as possible – serve on every kind of committee you can. It's such a great way to learn so much if you let yourself. You'll only get out of it what you put in.

**What do you think about being a Sustainer?** I love being a Sustainer. Our financial support is crucial to the JLT, but we should do more. Actives should reach out to us more. If the JLT is going to be what it needs to be, we do need to give back to it so that the JLT can continue to give back to the Tulsa community as it has always done.



# LEADERS *of Tomorrow*

By Mary Leak, Lauren Davis  
& Katherine Haskell

This summer has been a very exciting time for the JLT Provisional Committee. Sustainer, India Carter was gracious enough to welcome us into her beautiful home for the 2009 Provisional Social. August 15th was one of the hottest evenings Tulsa has ever had, but the successful turnout was just as hot. This social event gave the Provisionals an opportunity to meet one another along with some of the Active JLT committee members.

Junior League of Tulsa warmly welcomed close to sixty women who are all looking to make a difference in the Tulsa community. Following the lead of JLT President, Rachael Hunsucker, this retreat's theme was "Back to the Basics". Every woman was given a pink camouflage t-shirt and dog tags to commemorate the event. In addition to Rachel's welcome and general overview of the League, President-Elect, Cassie Barkett, spoke about the importance of listening. As part of her presentation, she had everyone partner up and then listen to one another for one minute without interrupting. Many were surprised at just how hard it was to do.

Later in the day, Provisionals participated in the annual Bus Tour through Tulsa, which highlighted a some of the League's current projects. Past President, Shelley Drullinger was the tour guide. The first stop was Rosa Parks Elementary School. Rosa Parks is home to our after-school program, Global Gardens. The ladies were given a tour of the gardens, providing a glimpse into what a fabulous program this is for these children. Then the tour made a stop at the St. Francis Children's Hospital. The Provisionals were allowed to tour the hospital as well as the Resource Library, which is in its



**Provisional Liasons**  
Back row: Spring Kreeger, Robin Warren. Front row: Audra Glasgow, Mary Leake, Maura Wilson, Vicki Fairchild, Joy Hulver, Kaitlin Bullock. Missing from picture: Becky Cariker and Catherine Costanza.

third year as a League project. This year, Provisionals will be able to place on either of these committees and it was terrific to be able to give them a first-hand look. To have Shelley's participation was definitely an honor.

After lunch, we welcomed our Guest Speaker, Wendy Thomas, Executive Director of Leadership Tulsa. Wendy's message was about leadership in a time of change, transition, and challenge. This allowed the Provisionals to think about what type of leader they consider themselves to be and how they will contribute their talents to the Junior League of Tulsa.

We were able to introduce the Provisionals to several other League members as the Chairs for American Girl, Decadence and Holiday Market stopped by to introduce themselves and their event. The retreat wrapped up Saturday afternoon with a placement fair. Chairwoman, Liz Brolick and her committee were on hand to manage a mini-version of "scramble" and before the girls left they were able to find out which committee they would be serving on during this coming year.

JLT welcomes the Provisional Class of 2009-2010 and wishes them many rewarding years in the Junior League of Tulsa.

Adria Sanditen  
Allison Loehr  
Amy Lawrence  
Anna Hixon  
Ashley Farthing  
Ashley Post  
Beth Chandler  
Brittney Barnes  
Brooke Forgiore  
Casey Carter  
Casey Reed  
Christianne Warlick  
Courtney Coyle  
Desiree Franseen  
Emily Hoerman  
Erin Harveth  
Haley Cole  
Jacqueline Vann  
Jane Bullock  
Jennifer Lark  
Jessica Foster  
Kara Howard  
Kara Mandeville  
Kara Sumner  
Katie Burkett  
Katie Sylvester  
Katy Houchin  
Kelly Lusson  
Kristy Clark  
Lacey Matney  
Lauren Hettler  
Leanne Eakin  
Lesley Richer  
Leslie Greenfield  
Lindsey Vedros  
Liz Browne  
Marnie Fernandez  
Mary Katherine Mccarson  
Melissa Mackey  
Melissa Mize  
Meredith Lindaman  
Millie Hughes  
Mollie Rausch  
Molly Crawford  
Natalie Allen  
Nicole Randolph  
Rachel Kent  
Sarah Fogleman  
Sarah Garrow  
Sharron Pettiford  
Sommer Bartholomew  
Stephanie Sullivan  
Tracy Watler  
Whitney Dickinson  
Whitney Stauffer

## Provisional 2009-2010 Class

# Tortilla Soup with Cilantro and Green Chiles

*from Oil & Vinegar*

### INGREDIENTS:

3 large green poblano chiles, roasted, peeled  
2 tablespoons olive oil  
3 garlic cloves, finely chopped  
½ onion, chopped  
1 (14 ounce) can chicken broth  
1 (10 ounce) can cream of mushroom soup  
1 (10 ounce) can tomatoes with green chiles  
1 cup half-and-half  
8 ounces Velveeta cheese, cut into large pieces  
½ cup fresh cilantro, chopped  
2 tablespoons oregano  
1 cup shredded Cheddar cheese  
Crisp-fried flour tortilla strips



**DIRECTIONS:** Seed and chop the roasted poblanos. Heat the olive oil in a large saucepan over medium-high heat. Add the garlic and onion and sauté until tender, stirring constantly. Add the chicken broth, chiles and cream of mushroom soup and mix well. Stir in the tomatoes with green chiles, half-and-half, Velveeta cheese, cilantro and oregano and cook until the cheese is melted, stirring frequently.

Simmer for 20 minutes over medium-low heat, stirring occasionally. Sprinkle the servings with the Cheddar cheese. Top with crisp-fried flour tortilla strips and/or chopped cooked chicken breast. Serve with a dollop of Cilantro Cumin Crème and Guacamole.

Serves: 4 to 6

**HELPFUL HINT:** To roast the poblano chiles, rinse the peppers and rub each one with vegetable oil. Arrange on a broiler pan or baking sheet and broil 6 inches from the heat source until the skins are cracked and charred, turning occasionally. Cool, peel and seed the peppers.

**OTHER RECIPES IN COOKBOOK:**  
Cilantro Cumin Crème (pg 114) and Guacamole (pg 26).

*Pick up your copy of Oil & Vinegar  
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BEFORE AFTER

BEFORE AFTER



American Girl  
**FASHION SHOW**

The American Girl Fashion Show is a fun-filled event for girls and their families, friends and favorite dolls! Celebrate the experience of being a girl, whether yesterday or today, through a colorful presentation of historical and contemporary fashions.

Come to experience The Junior League of Tulsa's annual American Girl Fashion Show and Fundraiser the weekend of November 6-8th.

Are you drawn towards Felicity Merriman's ornate and beautiful embroidered gown from the 1750's, or more towards the classic sweater set and skirt from the 1930's Kit Kittredge? Do Julie Albright and her 1970's tunics and funky bell-bottom jeans resonate with you, or would you rather be wrapped in a classic and matching tweed coat and skirt like Rebecca Rubin – the newest American Girl historical doll from the 1910's?

And don't forget about your American Girl doll! Get your doll ready for the show by giving her a brand-new hairstyle at the brand-new Hairstyling Boutique during the show only at JLT Headquarters! Be sure to enter in the chance drawings to win fabulous American Girl prizes as you enjoy the fashions and learn about and support our community projects.



**Beat the rush and order your American Girl Souvenirs NOW!**

Last day to order souvenirs is Saturday, October 24th  
Souvenir order forms at [www.jltulsa.org](http://www.jltulsa.org)

Interested in participating in one of our shows?

- Only 150 models accepted on a first-serve basis
- Must be elementary-age and sizes 6X or 10
- Models will be notified of show placement via email
- Models' families can pre-purchase tickets for their child's show
- Model applications, release forms and all other forms available at [www.jltulsa.org](http://www.jltulsa.org)
- We are also looking for Junior and Senior high school girls to participate in the shows as commentators
- Applications and release forms available at [www.jltulsa.org](http://www.jltulsa.org)

Who is your inner **American Girl**?

Enjoy a fun-filled event for girls with their families, friends and favorite dolls.

We will also have:

- ★ Door Prizes
- ★ Chance Drawings
- ★ Doll Hair Salon
- ★ Souvenir Sales
- ★ Catalog Sales

**FASHION SHOW DATES AND TIMES:**

Friday Night Patron Party tickets: \$50

Saturday or Sunday tickets: General Assigned Seating \$30  
Premium Assigned Seating: \$35

Friday, November 6, 2009

7:00pm Patron Party – Includes Dinner, Silent Auction & Special Guest

Saturday, November 7, 2009

10:00am • 1:00pm • 4:00pm

Sunday, November 8, 2009

1:00pm • 4:00pm

For tickets and information:

Visit: [www.jltulsa.org](http://www.jltulsa.org) • Email: [americangirl@jltulsa.org](mailto:americangirl@jltulsa.org)

# SAVE THE DATE!

## October

- 8-11 Holiday Market**  
Special events and unique shopping at the John Q. Hammons Arena at the UMAC.
- 21 General Meeting**  
League meeting at 6:30pm held in the Mabee Room. Join us for Community Chili!
- 28 JLT Training Event**  
Training & Education Committee is providing training to all JLT members.

## November

- 6-8 American Girl Fashion Show & Patron Party**  
A fun family event. Our girls can be empowered by the stories of the American Girl.
- 18 Junior League Speak Outs**  
League meeting at 6:30pm held in members' homes.
- 26 Thanksgiving**  
JLT offices closed Wednesday, Thursday, and Friday.
- 27 Gusher Deadline**  
Feature the League's latest events and happenings in the Winter issue. Submit your pictures and stories to [gusher@jltulsa.org](mailto:gusher@jltulsa.org).

## December

- 9 General Meeting**  
League meeting at 6:30pm held in the Mabee room. Join us for a catered dinner!
- 25 Christmas**  
JLT offices closed December 21st through January 4th.

# Meet your Junior League of Tulsa Board Members:

**Emily Dunaway** Communications Council VP

**PLACE OF BIRTH:** The Pink Palace... St. Francis Hospital, Tulsa, OK  
**PROVISIONAL YEAR:** 2002  
**EDUCATION:** BS Child Development and Spanish (OSU) and MS Human Development and Family Studies (Colorado State University)  
**FAMILY:** Husband, Matt; Daughter, Sophia (3); Son, Connor (5 months)  
**EMPLOYMENT:** Adjunct Faculty at Oklahoma State University in the Department of Human Development and Family Science  
**HOBBY'S / INTERESTS:** Being with family and friends, travel, music, reality television and home improvement projects.

**FAVORITE CHILDHOOD MEMORY:** Spending nearly every weekend at Grand Lake with my mom, dad, sister, grandparents, 3 aunts and uncles and 6 cousins. The 8 cousins used to sleep in "the bunk room"

where there were all bunk beds and we stayed up late laughing and talking and hitting the snoring cousins with tennis balls and other devious pranks!

**GOAL YET TO ACHIEVE:** To travel to all 50 states... almost there, I have been to 42. I lack Alaska, Montana, South and North Dakota, West Virginia, Vermont, Maine and New Hampshire.

**GREATEST ACHIEVEMENT SO FAR:** Being on the Price is Right in

my homemade/bedazzled "Plinko Princess" t-shirt.... I didn't get to "come on down," but it was still awesome. No, truly my best achievement is having 2 beautiful children.

**HAVE YOU LEARNED ANY SKILL IN LEAGUE THAT YOU HAVE APPLIED TO OTHER ASPECTS OF YOUR LIFE?** Absolutely! I have gained confidence in my skills as a leader, learned to better delegate tasks and have learned to step out of my comfort zone.

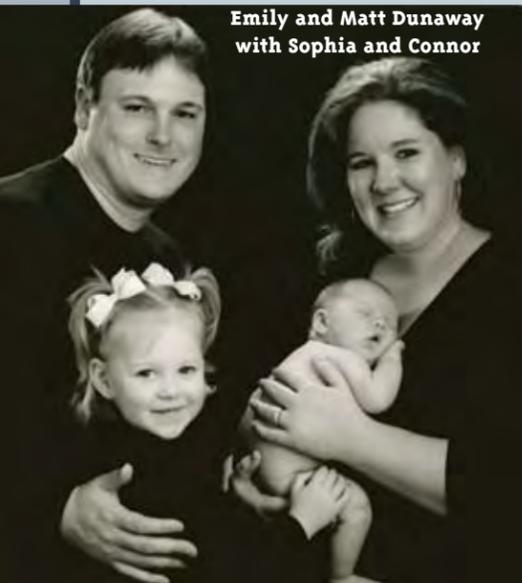
**IF YOU COULD TRAVEL BACK IN TIME:** I would like to live in the 1960's... love the clothes, music and hair. That would be groovy.

**FAVORITE JLT PLACEMENT/WHY?** Gusher Editor. I thought it would be cake since I was my high school yearbook editor. HA! It was not same at all! However, that is what made me grow, and the challenge was great. Plus, I had an amazing team and sustaining advisor!

**FAVORITE PLACE YOU HAVE TRAVELED:** Studying abroad in Spain in college. I lived on the Mediterranean in Malaga, Spain but was able to travel all over the country. Amazing experience and a beautiful country!

**OTHER RELATIVES IN LEAGUE?** My mother, Ellen Edwards Fuller is an active Sustainer!

**ADVICE TO PROVISIONALS:** Step out of your comfort zone, try new committees in which you never thought you would have an interest!



Emily and Matt Dunaway with Sophia and Connor

**Kate Howell** Corresponding Secretary

**PLACE OF BIRTH:** Dallas, TX; grew up in OKC/Edmond  
**PROVISIONAL YEAR:** 2003  
**EDUCATION:** BS Marketing - OSU  
**FAMILY:** Husband, Jason; Daughter, Sadie (3 months)  
**EMPLOYMENT:** Langdon Publishing  
**HOBBIES / INTERESTS:** I have a three month old, so a lot of my hobbies and interests have been put on hold! I love reading, pop culture, OSU athletics, travel and volunteering.  
**GREATEST ACHIEVEMENT SO FAR:** My daughter, Sadie!  
**HAVE YOU LEARNED ANY SKILL IN LEAGUE THAT YOU HAVE APPLIED TO OTHER ASPECTS OF YOUR LIFE?** I am much better at delegating, running meetings and problem solving because of Junior League.

**IF YOU COULD TRAVEL BACK IN TIME:** I'd spend more time with my father, who passed away in 2005.

**IF TIME AND MONEY WERE NO OBJECT:** I'd travel, spend time with my family and start my own company.

**FAVORITE JLT PLACEMENT/WHY?** Technology Chair. I learned a vast deal about the League as a whole, as well as how the councils work and interact with each other.

**MY FAVORITE VOLUNTEER ACTIVITY:** I love digging in and working hard to make sure an event goes well. Whether that is planning, problem solving, or brainstorming, it doesn't matter. I like it all!

**FAVORITE FOOD OR RESTAURANT:** Stonehorse Cafe, The Chalkboard, Cafe Ole, Ciao, The Bistro and of course, Sonic.

**OTHER RELATIVES IN LEAGUE?** My mother is a sustainer in OKC.

**BENEFITS OF MEMBERSHIP IN JLT:** The friends! Yes, the leadership and life skills are wonderful, but the friendships are invaluable.

**ADVICE TO PROVISIONALS:** Sign up for a committee on a different council every year to get a better idea of who JLT is and what we do.



Kate and Jason Howell with Sadie

*Oil & Vinegar*

An emulsion of recipes from the Junior League of Tulsa, Inc.

**J**

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# Junior League Develops a Volunteer Program

By Carissa Cooper, Lauren Davis & Katherine Haskell



left to right at CAN's Volunteer Appreciation Banquet: Gervase Rogers, Volunteer Coordinator, CAN; Carissa Cooper, CAN Chair, JLT; Rose Perry, Managing Director, CAN; Barbara Findeiss, Executive Director, CAN; Jennifer Roberson, CAN Vice Chair, JLT

**JUSTICE**  
center  
child abuse network

**"Junior League's hard work paved the way for us to launch the Child Abuse Network's volunteer program. The goal for CAN's volunteer program was to have 15 active volunteers by June of 2009. Exceeding our goal, we are proud to announce that we have 27 active volunteers."**

**c a n**  
child abuse network

*Stop the hurt. Begin the healing.*

pieces of the program in place. They were at the point where they needed a guiding hand to implement and oversee the newly established production. From there the idea of hiring a volunteer coordinator was taken to CAN's board. The board agreed this position would be vital in moving CAN forward. Experienced and poised to take on the mission, Gervase Rogers was hired as the Child Abuse Network Volunteer Coordinator. She immediately began working to put all the pieces together.

"Junior League's hard work paved the way for us to launch the Child Abuse Network's volunteer program. The goal for CAN's volunteer program was to have 15 active volunteers by June of 2009. Exceeding our goal, we are proud to announce that we have 27 active volunteers," said Gervase Rogers, Volunteer Coordinator, Child Abuse Network.

After four years, the program was officially handed over to CAN and concluded Junior League's time. However, it certainly did not conclude the partnership.

As Rose Perry, Managing Director, Child Abuse Network said, "The volunteer program has really flourished throughout this past year. The foundation and structure developed through the Junior League project has enabled CAN to recruit, certify and assign volunteers to a vast array of duties providing CAN with critical help and assistance! This program is so valuable!"

## 2009-2010 Community Projects

*Each year the Junior League of Tulsa (JLT) conducts in-depth research to identify critical emerging needs within our community and respond by developing projects to address those needs. Through collaboration with sponsoring agencies, intensive training of our membership, and direct service through volunteer hours and fund development, JLT strives to establish each community project as self-supporting before it is returned to its sponsoring agency for long-term implementation, usually within three years. This unique leadership model has allowed JLT to serve a vital role in the success of Tulsa's most prominent community agencies, such as Ronald McDonald House, Youth Services of Tulsa, Mayfest and the Francis Willard Home for Girls, while providing essential training for Tulsa's next generation of community volunteers. Current community projects of the Junior League of Tulsa include:*

### **The Children's Hospital at St. Francis Family Resource Library Signature Project**

Chair: Kathleen Jones  
JLT volunteers staff the Family Resource Library in the new Children's Hospital at Saint Francis to assist families in obtaining information about their child's medical condition and help them become informed participants in the health care process. In conjunction with this project, JLT also donated \$25,000 to the hospital to completely furnish the library.

### **Scholarship**

Chair: Ronda Lau  
This committee oversees all aspects of awarding two \$1500 scholarships to high school seniors who have demonstrated a commitment to volunteerism. Also, the committee will oversee the awarding of a \$1500 need-based scholarship to a woman in transition living in our community. The committee will also work to maintain contact with former recipients.

### **Laura Dester**

Chair: Mary Anne Thoman  
This committee provides volunteer assistance to the Laura Dester Children's Shelter. A variety of "Done in a Day" projects are chosen, planned, and implemented by the committee with direction from shelter staff.

### **Resonance Connecting Women with Careers- Career Services**

Chair: Betsy Endicott  
This project provides financial assistance and volunteers to support the Career Services Program at Resonance Center for Women Inc. The Career Services Program currently provides job readiness and life skills training for women re-entering the community from the state and federal criminal justice system.

### **Impact**

Chair: Belinda Hedgecock  
Impact provides short-term volunteer assistance to 501(c)(3) organizations in the Tulsa community. Organizations apply for assistance and short-term ("Done in a Day") projects are chosen, planned, and implemented by the committee. Also falling under this committee is *Kids in the Kitchen*, a national initiative designed to promote healthy eating and lifestyles among children. In addition, we also participate in the Tulsa Metro Chamber's Partners in Education through our activities at Project 12, an alternative learning environment in the Tulsa Public Schools.

### **Community Schools - Global Gardens**

Chair: Elizabeth Edwards  
JLT works with Community Schools to provide financial assistance and volunteers to expand the Global Gardens after-school program to establish garden spaces for high-risk students and their families at Rosa Parks Elementary School. Global Gardens also serves about 30 third-grade through fifth-grade students at Eugene Field Elementary School and with JLT's assistance, the project has expanded to Rosa Parks.

the time and need to volunteer. Detailed process flows were implemented documenting what a volunteer's journey would look like from point A to Z.

Once volunteers were in the door, the committee went back to the drawing board and started putting the process flows to work. The time and effort was spent to recruit the best volunteers so, logically, the time and effort would be spent to make sure the newly recruited volunteers received the best training. Yet, before the training could commence, the groundwork had to be laid and thus a volunteer handbook was birthed chock-full of policies, procedures, expectations and volunteer protocol. From the volunteer handbook a formal presentation was put together so volunteers could visually grasp the workings of CAN.

"The training was informative. Knowing what goes on with the children and what experiences they may have been exposed to helps us know how to better interact with the kids in the situations that they may be in. This helps us help them while volunteering," said volunteer Vanessa Brown.

Well into its third year, the committee decided they had all the

And what a great journey it has been!

For the past four years, several Junior League hearts and hands have diligently worked to create and put in place a volunteer program for the Child Abuse Network (CAN). The need came from individuals wanting to give their time by helping a child who may have suffered from some sort of abuse. Recognizing this call for service, CAN and Junior League developed a steadfast partnership and began laying the groundwork for a comprehensive volunteer program.

The first step was putting pencil to paper and analyzing all of the different components that would get the program up and running. After countless hours of observation and meetings with CAN staff and board members, the program was broken into three moving parts: recruitment, training and implementation.

Junior League committee members quickly began identifying and documenting all the volunteer opportunities within the center, and then began answering the question of what avenues should be used to recruit volunteers. A volunteer link on CAN's website was launched, a brochure was created and branded and a line of communication was established between local colleges whose students might have

# JLT Training Women to Serve in the Community

By Lauren Davis

In the fall of 1999, two women joined Junior League not knowing how their lives would intersect and the impact it would have. Now, ten years later, Sarah Dougherty and Sarah Stewart credit JLT as a defining force in their development as leaders in this organization and the Tulsa community.

Both women joined JLT to hone their volunteer skills and meet new friends.

"I was immediately struck by how talented the women in my provisional class were. These women were ready to roll up their sleeves and get to work," Dougherty said.

Stewart agreed adding, "The active women we met were so inspiring. Their mentorship encouraged me to develop my talents and leadership skills in this organization."

Both women were determined as Provisionals to commit to staying in the organization for 10 years to achieve sustainer status. As part of a long standing tradition, members with 10 active years are awarded a silver tray at the annual meeting.

"My husband teases me about 'the tray' and jokes sometimes it would be easier to just go buy one," Dougherty said. "But kidding aside he knows the tray represents a major milestone."

"We are so proud to be a part of JLT and what it represents. It is a thrill to achieve this honor," Stewart said.

The women will receive their 10 year trays at the annual meeting in May.

Both women have served in a variety of positions during their 10 years of placements in JLT, including alternating Financial Council Vice President and Community Vice President back to back. Their favorite placements? Impact and Treasurer for Dougherty, and Provisional Class Chair for Stewart. Their friendship developed along the way. Both women chaired fundraisers early in their JLT careers.

Dougherty recalled, "Sarah volunteered to help me with the Spring Gala I was chairing. I had a small committee and definitely needed some help! She graciously stepped in to double place and helped the committee at a critical time."

Working on fundraisers helped forge a bond between the two women. The following year Stewart chaired her first fundraiser in JLT. Stewart stated "I knew I could rely on Sarah's support and advice during the often challenging times."

While both women have served the Tulsa community in a variety of

ways during their time at JLT, they have joined forces to co-chair a black tie fundraiser for the American Lung Association this fall. Beaujolais Nouveau is ALA's largest fundraiser held in Tulsa and occurs each November. The event supports ALA's research and

programs that are critical to the Tulsa community.

"The training provided by JLT gave me the confidence to undertake this project" says Stewart.

When friends ask Dougherty why she would want to take on something so large, her reply is easy: "After ten years of JLT training I am more than prepared to give back to our community!"

So what exactly did these women learn from JLT during the past ten years?

According to Dougherty, "Junior League has helped me develop a wide range of skills - from running a meeting, public speaking and setting and staying within a budget. I am so grateful to this organization for what it has given me. Where

else can women develop their leadership potential and make life-long friends?"

Stewart chimes in "Get involved! Go beyond being a committee member and build your skills by becoming a vice chair, chair, or double placing. I know it's cliché to say this, but you will gain from JLT exactly what you put into it."

These women illustrate JLT's mission to develop the potential of women and demonstrate how a commitment to voluntarism can benefit our members and improve the Tulsa community.



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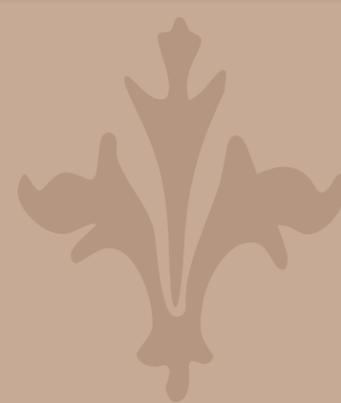
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Wednesday,  
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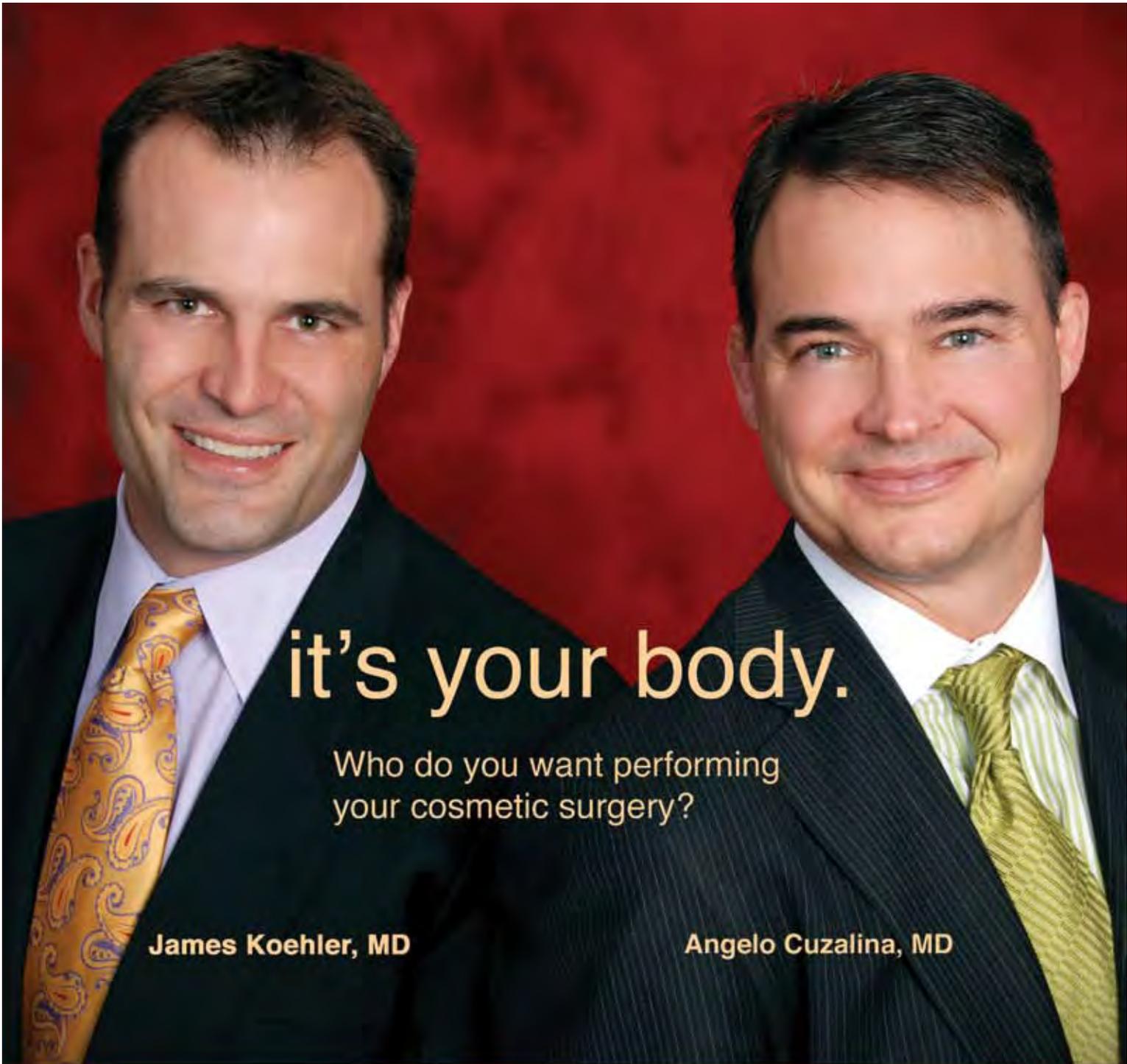
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