

2015-2016 LEAGUE YEAR IN REVIEW

SUSTAINER SCOOP | COUNCIL ACCOMPLISHMENTS | FUNDRAISER RECAPS | LOOKING BACK

SaintFrancis HEALTHLINK **YIX-488-6688**

Connect to physicians and services 24/7.

With more than 1,000 providers and 80 locations, Saint Francis Health System provides the community's largest and most comprehensive network of healthcare services for adults and children. Whether you are looking for primary care or a physician specialist, imaging services or urgent care, Saint Francis Health Link is available 24/7 to help connect you with the care you need.

Healthcare for life.

saintfrancis.com



IN THIS ISSUE

FEATURE

14 FIGHTING POUERTY IN TULSA

Special Report: Learn about the pervasiveness of poverty in our community and discover the impactful ways the Junior League of Tulsa is combating it to transform our city.

DEPARTMENTS

- **4** EDITOR'S LETTER
- FROM THE PRESIDENT
- ABOUT JLT
- SUSTAINER SCOOP
- AROUND THE LEAGUE
- 22 FINANCIAL FOCUS
- **32 LOOKING BACK**





EDITOR'S LETTER

FROM THE EDITOR

When I set out to chair the *qusher* committee, I viewed my role as a job. I'd manage the creation of the magazine, assign and edit articles for Gusher Online, and then move on to my next placement. But during the past League year, my *gusher* placement became much more. It became an opportunity to learn more about the League. Through the work, I've developed a deeper appreciation for the Junior League of Tulsa (JLT), not only for the volunteer work it does, but also for the people who are in it—for their varied talents and hearts for service.

Prior to my tenure, I knew the League made a difference, but I didn't realize the extent of its reach. For example, last year's members volunteered nearly 50,000 hours, donating approximately \$1.2 million worth of service to the community. During that time, they helped hundreds of women and children and worked with more than a dozen organizations in the community. With skill sets ranging from teaching to writing and from balancing budgets to coordinating events, JLT women led and served in numerous facets throughout Tulsa.

In addition to making positive changes in the community, members also worked on the organization itself, helping ensure it continues to serve Tulsa for decades to come. To reduce printing costs and infuse more money back into the community, this past year we reduced the number of *qusher* issues from four to one. With the launch of Gusher Online—a frequently updated collection of articles on JLT's newly designed website, www.jltulsa.org-we embraced technology and the way many people prefer to read. Gusher Online not only allows us to keep members informed at a lower cost, but it also enables us to reach the world to share the importance of the League's work.

I'd like to thank this year's gusher committee members-Jennifer, Emily, LeAnne, Melanie, and Cali-for the effort and hours they devoted to our work. They each had a passion for spreading the message about the League's service and training. They fully embraced the challenge of transitioning a quarterly magazine to an annual publication. And they rose to the occasion when we needed to conceptualize and carry out Gusher Online and populate it with content. They brought new ideas to the table, wrote exceptional articles, and took terrific photos. They took on more work than they likely expected when they signed up for the committee, but they tackled it with enthusiasm and heaps of talent. In order to teach others about JLT, they epitomized the year's theme to "be your best," and I'm incredibly proud of the work we created.

We hope you enjoy perusing this recap of the past League year as much as we enjoyed creating it!

Happy reading,

Camille Tonio

Camille Torres, gusher Chair. 2015–2016



Photo courtesy of Leslie Hoyt, www.lesliehoyt.com.

"I'VE DEVELOPED A DEEPER **APPRECIATION** FOR THE JUNIOR LEAGUE OF TUISA."'

2015-2016 *gusher* Committee

Camille Torres – Chair Jennifer Doverspike – Vice-Chair Emily Davis LeAnne Eakin Melanie Henry Cali McMickle

gusher is a publication of the Junior League of Tulsa, Inc., 3633 South Yale Avenue, Tulsa, Oklahoma 74135. It is devoted to informing the membership and the community of current League projects, events, and issues. For more information on advertising, please email gusher@jltulsa.org.

FROM THE PRESIDENT

At the beginning of the 2015- lives of others, but also 2016 League year, the Board of transform yourself in the Directors and I gathered to set goals for the Junior League of Tulsa. the League offers each We identified many overarching of us the ability to reach objectives, each one centering on outside our comfort zones, three main tenants-developing try something new, and the potential of women, improving ignite a passion we might the community, and promoting not have known existed voluntarism. Though they were all poignant, there was one goal that the opportunity to try new especially stuck with me. It was things and succeed (and simple in nature, just three short words, yet complex in meaning and specific to each League member. Be Your Best. Wrapped in those 10 letters is the fact that each of our things personally and 600-plus members brings unique qualities and talents to the table. And continuing to serve the by fulfilling this goal individually, we can collectively achieve our capacities or gaining the common goal of working to improve skills needed to embark on the Tulsa community.

In this print edition of *qusher*, I am pleased for you to read in League is a well-trained

process. Membership in otherwise. It affords us sometimes fail) in a safe place. It is this experience leads members that to accomplish areat professionally, whether community in different fundraising journeys.

"MY HOPE IS THAT YOU FIND YOUR PASSION IN THE LEAGUE AND EMBRACE IT."

year. We have embarked upon leadership opportunities as well! Our volunteers truly lead the way to success in serving our community. improving the Tulsa community. If you are like me, you will learn many Brad, for his time and, ultimately, interesting facts about our League his patience. I could not be more and will develop a much deeper appreciative of his continued appreciation for our rich legacy.

There are very few organizations our Kennedy, Millie, and Hank. in which you can not only

this wrap-up about the exciting volunteer and the added perk is that efforts put forth by our community of friendship. I am pleased to pass projects, along with our outstanding the torch to Rita and Molly as the fundraisers and their banner incoming president and presidentelect and am more pleased to call new, noteworthy volunteer and them friends. I have no doubt they will lead the League to continued

As president, my job has been transform your community and to support and guide the League make a significant impact in the in service and provide a climate

FROM THE PRESIDENT

The end goal for being



Photo courtesy of Leslie Hoyt, www.lesliehoyt.com.

I would like to thank my husband, support and being a great dad to

in which members feel valued and connected. I am honored to have had this opportunity. I truly believe that by giving 110% to your years in League, you find personal fulfillment, form lasting relationships, and develop invaluable life skills. My hope is that you find your passion in the League and embrace it—that you continue to "Be Your Best," allowing us to continue this successful journey for another 93 years.

Warmest regards for a new League season!

Carina Eropen

Carissa Cooper Junior League of Tulsa President, 2015-2016



MAKING A DIFFERENCE.

Williams believes in supporting the communities where we live and work. That's why we're proud to support the Junior League of Tulsa.

(800) WILLIAMS | www.williams.com





WOMEN BUILDING A BETTER TULSA

OUR MISSION

The Junior League of Tulsa, Inc., is an organization of women committed to promoting voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. The Junior League of Tulsa reaches out to women of all races, religions, and national origins who demonstrate an interest in and commitment to voluntarism. The Junior League of Tulsa is committed to ending the cycle of poverty through hands-on education and community-based programs.

CORE UALUES

Community: It is the heart of all we do **Diversity:** The synergy of different perspectives Voluntarism: An essential component of our society **Mentoring:** Essential growth for future generations Leadership: The development of individual potential **Respect:** For our members' time, energy, and skills **Collaboration:** Forming partnerships and strategic alliances

For more information about the Association of Junior Leagues International Inc. or to find out more about how Junior Leagues build better communities, please contact

The Association of Junior Leagues International Inc. 80 Maiden Lane, Suite 305 New York, NY 10038 Tel: 212.951.8300 • Fax: 202.481.7196 info@ajli.org • www.ajli.org

© 2016 Bank of Oklahoma, a division of BOKF, NA, Member FDIC.

© 2016 The Williams Companies, Inc.

2015-2016 **BOARD OF DIRECTORS**

Carissa Cooper – President Rita Burke – President-Elect Mary Beth Nesser – Treasurer Tara Proctor – Recording Secretary Courtney Wilson – Communications Council VP Kate Morelli – Community Program VP BJ Weintraub – Community Council VP Shelby Stauffer Bennett – Financial Council VP Anna Smith – Membership Council VP Marti Levinson – Membership Program VP Whitney Mathews – Leadership Development VP Molly Aspan – Strategic Planning and Research Chair Margaret King – Nominating Chair Jaime Cooper – Treasurer-Elect Brooxie Keary – Sustaining Board Advisor

2015-2016 **COMMUNITY ADVISORY BOARD**

Victoria Bartlett – City of Tulsa Appointee Eileen Bradshaw – Community Food Bank, Executive Director Ken Busby – Route 66 Alliance, Executive Director and CEO Kristin Klein Daffern – Kleinco Construction Services, Inc., Owner and Manager Lucky Lamons – Tulsa Public Schools Foundation, Executive Director Karen Larsen – KJRH TV, News Anchor Andy Levinson – IBC Bank, Senior Vice-President Cindy Morrison – SocialVention, CEO Rob Nigh – Tulsa County Chief Public Defender Pam Richardson – Volunteers of America Oklahoma. President and CEO Marnie Taylor – Oklahoma Center for Nonprofits, President and CEO

SUSTAINER SCOOP





LUNCH CLUB

Meets the first Wednesday of each month.

RESTAURANT CLUB

Meets the second Monday of each month.

BOOK CLUB

Meets the third Tuesday of each month.

CATCH UP OVER COCKTAILS

Will resume meeting in the fall.

HELLO, SUSTAINERS!

After wrapping up the 2015–2016 League year, I am happy to report that this was a banner year for the Junior League of Tulsa Sustainers. Highlights include

- Thriving interest groups! All four of our interest groups— Restaurant Club, Lunch Club, Catch Up Over Cocktails, and Book Club—continue to provide Sustainers with the opportunity to maintain their League friendships and support JLT's mission. We have a record number of Sustainers on the mailing list for these groups.
- TWO fun parties hosted by Co Edwards and Mary Alice Ahlgren.
- Increased level of Sustainer participation and interest. Over one-third of our Sustainers are involved in one of our interest groups.
- The addition of a Sustainer Connections position to our Engagement Committee. Carla Gilbert has done a great job reaching out to Sustainers who have a special need or success in their lives.

Engaging Sustainers is a challenge. We range in age from mid 30s to 100! That is a wide span of interests and activity levels. As I look to the future, I would love to see the development of new interest groups, particularly ones that will engage younger Sustainers. Other Leagues have Sustainer interest groups focused on running, walking, cycling, tennis, cooking, movies, theater, and antiques. Really, the sky is the limit!

It has been an honor to chair the Sustainer Engagement Committee for the past two years. Our activities provide Sustainers with opportunities to nurture their League friendships, network, and support all JLT's programming. I would like to extend a special thank you to all Sustainers who supported our efforts, particularly our Sustainer Engagement Committee, which was

Mary Alice Ahlgren Laurie Brumbaugh Ashleigh Boedeker Julie Buxton Robyn Cannon Sue Curry Ellen Fuller Earlene Gathright Carla Gilbert Denise Piland

Sincerely,

Annabel Jones

Annabel Jones Sustainer Engagement Committee Chair





More than 20,000 Hours of Community Service and Volunteering Annually

It's an honor to provide leadership on multiple boards and committees, as well as serve as legal counsel on pro bono cases, because we know donating our time and talent to local charities, worthwhile organizations and those in need is simply the right thing to do. It's another reason we're Oklahoma's leading law firm.

Hall Estill is proud to support the Junior League of Tulsa.

TULSA • OKLAHOMA CITY • NORTHWEST ARKANSAS • DENVER | HallEstill.com



Free In-Home Design Services

Custom Designed Furnishings

Accessories to Fit Any Lifestyle and Budget

COMPLETELY CUSTOM. COMPLETELY YOURS. 9922 Riverside Pkwy, Tulsa, OK 74137 (918) 459-8950



AROUND THE LEAGUE



League activities included a much-enjoyed Youth at Heart bowling event.

CELEBRATING SUCCESS

MEMBERS ARE IMPROVING THE COMMUNITY, EXPANDING THEIR TRAINING, AND ADVANCING THE LEAGUE.

League of Tulsa (JLT) members fully embraced the year's "Be Your Best" theme. During the past 12 months, members implemented new initiatives and devised future strategies. They exceeded goals and strengthened friendships, received on-the-job and formal training, and served throughout the community. Initiative fundraiser and awareness council to bring gusher into the Read on to learn about the campaign.

In 2015–2016, the Junior organization's accomplishments.

COMMUNICATIONS COUNCIL

The Communications Council served as the central hub and approval center for all League communications. It was also home to JLT's inaugural Little Black Dress

During this League year, the council also launched a new mobilefriendly website with a cleaner, more modern look. "I'm so proud of the new look and functionality of our website!" says Courtney Wilson, Communications Council Vice President.

The site update enabled the digital age through the launch of

Gusher Online. Located on JLT's main site, Gusher Online includes several new articles each month and allows the League's content to reach the world at no cost. "It's a huge accomplishment that helps us spread the word about JLT and make an even more significant impact throughout the community," Wilson says.

The marketing committee Venture Committee. The committee furthered JLT's reach by achieving was created to work with TCCL to



Holiday Market committee members raised approximately \$94,000.

print and television coverage for all JLT's fundraisers, and the social

develop a business plan for a retail store that will have a fun, unique media committee increased our theme to appeal to children. The online following from members store will operate near one of the and those outside the League. In TCCL homework tutoring sites. It addition, the Archives Committee will help fund and raise awareness was able to finish organizing the for the TCCL after-school tutoring photo archives after the documents programs, as well as other library

"I'M SO PROUD OF THE NEW LOOK AND FUNCTIONALITY OF OUR WEBSITE."

10 2015-2016

AROUND THE LEAGUE

were disrupted during the headquarters remodel last year.

COMMUNITY COUNCIL

The Community Council's 11 committees worked with eight community partners. This was the first year for the council's Tulsa City-County Library (TCCL) Social

programs.

Furthering the Community Council's reach, the Impact Committee completed 23 projects with 15 different agencies. "Our Scholarship committee also did a wonderful job of independently raising \$8,500 in funds," says Kate Morelli, Community Program Vice President.

FINANCIAL COUNCIL

"The Financial Council had a stellar year! We surpassed all of our financial goals and made lasting partnerships in the community," says Shelby Stauffer Bennett, Financial Council Vice President.

Market Holiday raised approximately \$94,000 and maxed out the number of vendors the venue can hold. Mentorship Luncheon raised approximately \$20,000, and Gem Gala raised approximately \$139,700.

Stauffer Bennett adds: "The JLT building is open and thriving! Please make sure to keep us and our outstanding rental team in mind when you are planning your next event."

MEMBERSHIP COUNCIL

This year, the Membership Council successfully brought together and engaged members. It implemented the new Transfer Program, and the Placement Committee revamped the placement guide to make it more user friendly. The Social Committee's Christmas lights tour and Thunder game trip to Oklahoma City were especially popular. In addition, Food and Beverage put together fun themes for meeting refreshments.

AROUND THE LEAGUE



Members served as positive role models at a League-wide Youth at Heart bowling event.

This year we also welcomed 74 Provisional members. "The Provisional Committee had an awesome group of women come in who are future leaders of the League for sure," adds Anna Smith, Membership Council Vice President. This council also assisted with the launch of the League year's extensive online membership survey.

LEADERSHIP DEVELOPMENT COUNCIL

During the inaugural year of the Leadership Development Council, JLT members earned more than 600 hours of training. "The women on this council

framed the structure and goals for a brand new council, as well as ensuring members had a variety of opportunities to meet the required training credit," says Whitney Mathews, Leadership Development Council Vice President.

In addition to creating an online resource library of materials for members, the Training and Education Committee organized and executed the following 11 sessions:

- History of JLT
- Digital Cheetah Training
- Meeting Facilitation
- Business Etiquette and Networking
- Miss Representation (a film that looks at the underrepresentation of women in

MORE THAN 49,000 HOURS

JLT MEMBERS EARNED MORE THAN 600 HOURS **OF TRAINING FROM** 11 SESSIONS.

AROUND THE LEAGUE "THE PLAN SERVES AS A GUIDE TO KEEP THE MEMBERSHIP ON TASK, FOCUSED, AND WORKING TOWARD THE SAME GOALS."

influential positions and at the media's portrayal of women)

- How to Ask for Donations
- Art of Transparent Communication
- Diversity in Volunteerism
- DiSC Profile Training
- Presenting Your Best Self Through Social Media
- Conflict Management

STRATEGIC PLANNING AND RESEARCH

The Strategic Planning and Research Committee developed and implemented a new four-year rolling strategic plan for JLT during the past League year. "The plan serves as a guide to keep the membership on task, focused, and working toward the same goals. This continuity is invaluable, particularly in an organization with new leadership and new members annually," says Molly Aspan, Strategic Planning and Research Chair.

The committee followed an extensive process that included gathering information from all levels of League members, sustainers, and external sources to examine JLT's goals and the community's needs. It also brought in Louisiana-based strategic planning consultant, Emily DiStefano (president of

LOCAL ACCOLADES

This year, Domestic Violence Intervention Services (DVIS) celebrated 40 years of assisting women and children in Tulsa. At its annual Monarch Ball in April, DVIS honored 40 individuals and organizations that have made an important impact in assisting victims of domestic violence. The Junior League of Tulsa was honored to be recognized among those 40.

for members.



The Training and Education Committee hosted 11 training events

DiStefano & Associates and a past president of the Junior League of Baton Rouge). DiStefano worked with League leadership for three days facilitating research, planning meetings, and providing training for speak-out meeting facilitation. Utilizing their research, the committee wrote a strategic plan that enunciates the League's

priorities, which are to promote voluntarism, develop the potential of women, and improve communities through the effective action and leadership of trained volunteers. The plan went through substantial reviews and revisions before it was unanimously adopted by the Board of Directors and rolled out to the membership.

FIGHTING POUERTY In Tulsa

Armed with intelligent, well-trained female volunteers, the Junior League of Tulsa strives to end the cycle of poverty in our community.

T n February 2006, Paul Harris writing for The Guardian highlighted Tulsa as representative of poverty in the United States. "Oklahoma is in America's heartland," he says. "Tulsa looks like picture-book Middle America. Yet there is hunger here. When it comes to the most malnourished poor in America, Oklahoma is ahead of any other state. It should be impossible to go hungry here. But it is not." It's sobering to see our city used to epitomize poverty.

ONEOK

However, by understanding the extent of the problem, we can better recognize the need to find solutions. The Junior League of Tulsa (JLT) is committed to ending the cycle of poverty through hands-on education and community-based training. From our Impact committee's done-in-a-day projects to our two committees partnering with the Resonance Center for Women, we have multiple projects confronting poverty head-on with our community partners. Economic recovery and job creation in the United States has been on the upswing since the 2008 recession. However, even with Oklahoma boasting an unemployment rate below the national average, its citizens are suffering increasingly from food insecurity and homelessness.

11 11 11

0 0 P*

Oklahoma ranks worse than national numbers in overall poverty rates and child poverty rates, according to 2013 census data. Tulsa County's profile matches that of the state as a whole, with 16.1% of the overall population living below the poverty line and 24.3% of children living in poverty. Our city's numbers are even more sobering. The 2013 poverty rate in the city of Tulsa was 19.7%, meaning approximately one in five residents were living below the poverty line.

THE POUERTY SPIRAL

We asked Sandra Lewis, executive director of Tulsa's Day Center for the Homeless, why poverty in Tulsa is so prevalent and, more specifically, why people go homeless.

It takes one thing, she says, to send someone down the spiral of homelessness. A person loses a job, gets sick, gets a car repossessed, and does not have the safety net or support network other people may have. "Someone who lives paycheck to paycheck has no savings, no resources to maintain stability while looking for a job," she explains.

Lewis points to the lack of living wages and a dearth of safe, affordable housing in the area. "A third of a paycheck goes to rent," she points out, "then utilities, and then very little is left over."

According to the Bureau of Labor Statistics, Oklahoma has the nation's third-highest rate of people working at or below the minimum wage. A single parent who works fulltime at minimum wage and has one or more dependents

THERE ARE 24 POUERTY BELTS IN TULSA COUNTY, UP FROM 9 IN 2000.

would still be below the poverty line. The 2015 Department of Health and Human Services poverty line is \$24,250 for a family of four, but research has indicated that families need a minimum of twice the federal poverty level to cover basic needs such as housing, food, and childcare.

Even finding a job is difficult for Tulsa's disadvantaged population. Many employers require online applications and a permanent address, and new job requirements such as appropriate clothing and bus fare are difficult to fulfill before the individual starts earning an income.

Lewis indicates the lack of a robust and efficient transportation system in Tulsa poses a significant barrier to earning an income. She recalls a couple who began working at a restaurant located in Utica Square, but who, due to their shift work, had to walk home from Utica Square to the Day Center for the Homeless downtown. A single female—who would have to make that trek alone—likely would not accept that job.

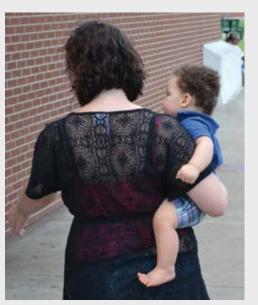
FEATURE STORY

THROUGH 11 COMMUNITY-FOCUSED COMMITTEES, JLT WORKS WITH EIGHT PARTNERS TO FURTHER ITS MISSION TO END THE CYCLE OF POVERTY.

CHILD POVERTY IN OUR COMMUNITY

As part of its commitment to improve Tulsa, JLT focuses on improving the lives of women and children in transition, a need that's evident in the following statistics:

- One in four Oklahoman children live in poverty, according to the 2014 edition of the KIDS COUNT Data Book, an annual publication compiled by the Annie E. Casey Foundation of Baltimore.
- *Nine out of 10* Tulsa Public School (TPS) students are eligible for and participate in free and reduced lunch programs, according to Community Service Council Tulsa.
- There are approximately **2,000 homeless students** in TPS, and the number is rising. The number of homeless students in Oklahoma grew 43% from 2011 to 2013, and TPS has approximately 600 more homeless students than it did three years ago, as reported by Morgan Phillips in Tulsa People in August 2015.



A woman and her child at Tulsa Day Center for the Homeless

Those with prior convictions on record also face significant barriers to housing and job attainment. Deidra Kirtley, a JLT sustainer and executive director of The Resonance Center for Women, says, "Finding a job and housing is very complicated when you have a felony record. Many employers and apartment managers have longstanding policies against hiring or renting to those with convictions. If a woman cannot start off with these things in place, chances are high she'll return to prison."

BREAKING THE CYCLE

So how to eradicate the cycle of poverty? Focusing on women and children is one key strategy. Low family income puts children at risk, and the risks start before birth. For example, pregnant women with health problems are in jeopardy

of delivering babies with low birth weights, which in turn leads to infant mortality or health and developmental problems.

Children of female convicts also face a significant disadvantage and are prone to poverty. As Time Magazine reported in 2011, Oklahoma has a higher rate of female incarceration than any other state, almost double the national average. Three percent of Oklahoma children have at least one parent in prison, and children with at least one incarcerated parent are five times more likely to go to prison at some point in their lives.

Poverty also impacts a child's education. Hunger impedes his or her ability to learn at school, and he is less likely to be exposed to a rich language environment or have access to a high-quality preschool. In Tulsa, both the Community Action Project (CAP) and Educare administer the local Head Start programs and are nationally recognized. CAP Tulsa approaches the poverty problem via education and by looking at multigenerational poverty, focusing on "Promise Neighborhoods" such as Kendall-Whittier.

These Promise Neighborhoods address the problem of so-called poverty belts-areas in which more than 40 percent of the population is below the federal poverty level. Breaking the cycle of poverty is even harder as concentrated areas of poverty grow both nationwide and in Tulsa. For example, here the ZIP codes with the highest rates of unemployment are primarily concentrated in north and west Tulsa. There are 24 poverty belts in Tulsa County, up from 9 in 2000. In areas of concentrated poverty, local residents find "the educational, health, and crime cards are stacked against them ever getting to a better station," according to a 2014 report released by the Brookings Institution.

LEADING THE WAY

JLT's focus on women and children in transition is a step toward evening the odds. Through 11 community-focused committees, JLT works with eight partners to further its mission to end the cycle of poverty.

Kirtley describes the impact of JLT: "I am so thankful the Junior League of Tulsa is committed to partnering with Resonance. The respect, compassion, and camaraderie the members have shared with our clients at Turley practically brings tears to my eyes—especially when I see JLT members raising these women up, without judgment or pity, and creating a relationship based on mutual trust and respect."

FURTHERING Second Chances

JLT has two committees devoted to working with the women in the Resonance program. The Choosing to Change Committee works with women at the Turley Residential Center, a halfway house for female offenders. League members teach a

esteem. In 2013, to supplement its work with Resonance, JLT created a taskforce charged with researching and developing a proposal for a possible business project that would help transition women from the justice system back into the community. This developed into JLT's Resonance Social Venture Committee, which researched and developed a self-sustaining business as a means to provide job readiness skills and employment options for the women in the Resonance program.

Resonance took the Social Venture Committee's recommendations and decided to open Take 2, a café that opened in March of this year in downtown Tulsa. Some Choosing to Change graduates will work there, and a few will have the opportunity to live in a loft above the café.

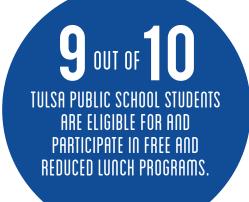
With the opening of the café, the Social Venture Committee, comprised of nine JLT members, evolved into a soft skills training and mentorship program to help prepare the women who will work either at the café or elsewhere. Ann Tran, JLT's Resonance Social Venture Committee Chair, estimates the committee reached approximately 240 women during



League members connected with women at the Resonance Center.

FEATURE STORY

curriculum focused on developing soft skills, learning healthy hobbies, and promoting self-



the 2015–2016 League year.

"We have received great feedback from the women," Tran continues. "One client made a comment that in all the years she's been incarcerated, she's never had anyone teach her these basic life skills that often come as second nature to many of us, and she feels that if she had these skills so many years ago, she would not be sitting where she was today."

FOSTERING EDUCATION AND CREATIVITY

To reach at-risk individuals earlier, our focus on children in the community includes partnerships to foster education and creativity with such partners as the Tulsa City-Council Library (TCCL) and Philbrook Museum.

The TCCL Social Venture Committee is assisting the Tulsa Library with developing and strategically planning a combined retail store and tutoring facility that's designed to help students with their homework and inspire creativity. And the TCCL After-School Homework Club Committee works with the library to provide help with individual and small group tutoring for students in third through eighth grades.

Through the Hawthorne Second Grade Art Committee, JLT volunteers teach bimonthly art classes to second graders at Hawthorne Elementary, a

FEATURE STORY



Provisional members volunteered at The Pencil Box to aid teachers and students at underprivileged schools.

"The respect, compassion, and camaraderie the members have shared with our clients at Turley practically brings tears to my eyes – especially when I see JLT members raising these women up, without judgment or pity, and creating a relationship based on mutual trust and respect."

DEIDRA KIRTLEY.

EXECUTIVE DIRECTOR OF THE RESONANCE CENTER FOR WOMEN

low-income public school in north Tulsa. Due to lack of funding. the students would not have the opportunity to participate in art classes otherwise. Using an art education curriculum we developed, JLT members provide individual attention to the students. The classes promote creativity, increase self-esteem, and allow the children to practice their fine motor skills.

League members also extend

art education to patients at The Children's Hospital at Saint Francis. Through the Philbrook MyMuseum Mobile Committee, JLT partners with Philbrook Museum of Art and the hospital to bring Philbrook's Second Saturday children's program to patients ages 4 to 12. The committee assembles free kits with educational materials, art supplies, and museum passes, and then members deliver the kits to patients at the children's hospital. The committee's 16 members reached approximately 200 patients and clocked an estimated 182 volunteer hours for the 2015-2016 Junior League year.

To aid students and teachers at underprivileged schools, this year's 65 provisional members worked with the nonprofit The Pencil Box-a free store for kindergarten through 12th-grade teachers to receive school supplies and enrichment items for their

LEARNING TO LEAD

Implementing a new council and committee in the 2015-2016 year, the League furthered its mission to provide handson education and community- from basic skills to leadership based training.

This was the inaugural year for the Junior League of Tulsa's Leadership Development Council (LDC) and its Training and Education Committee. The two are charged with creating an effective core of volunteers who can continue service even after their JLT careers.

Together, the council and committee have been reviewing analyzing members and short- and long-term training needs, along with coordinating sessions. Training ranges development. Eventually, the committee plans to have different levels of training (for example, an advanced course focusing on donor development). Topics for his year's 11 sessions included networking, effective communication. conflict management, and more.

classrooms. Lead teachers at Tulsa public schools with at least 70% of students qualifying for the USDA's National School Lunch Program are eligible to shop at The Pencil Box for a nominal annual fee. As part of the provisional service project, members each completed five work shifts processing donated items, stocking shelves, and working the store's shopping nights.

"Teachers typically spend \$500 to \$1,000 a school year buying supplies for their students," says Natalie Sullivan, Provisional Committee Chair. "The Pencil Box allows all kids to have new school supplies, regardless of where they go to school and without relying on teachers spending their own money."

PROMOTING HEALTH AND **NUTRITION**

A critical element of JLT's ongoing commitment is teaching kids and their parents about the importance of eating healthy foods against childhood obesity.

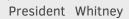
JLT is a community partner with the Westside Harvest Market, a

nonprofit grocery store located in the low-income Eugene Field Elementary neighborhood of west Tulsa. Harvest Market addresses a key problem associated with poverty belts: "food deserts," which are urban neighborhoods or rural towns without ready access to fresh, healthy, affordable food. The Harvest Market serves approximately 1,000 low-income families and includes a grocery store, art studio, classroom, and teaching kitchen. Here, JLT's Kids in the Kitchen (KITK) and Harvest Market Committee holds free workshops.

"The goal of the KITK workshop is to expose children and families to healthy, fresh, inexpensive recipes and empower them through hands-on learning to recreate them at home," Casey Palmateer, the committee chair, says. At the conclusion of each workshop, participants go home with the ingredients, so they can recreate the recipe they made.

The League's Street School Culinary Club Committee shares and involving them in the fight a similar mission, though their focus is on high school students. In partnership with Street School, Oklahoma's longest-running

EATURE STORY





Jenny Barrett, Allison Kager, Susan Lentz, Katie Spadoro, and Mary Brennaman at The Assistance League of Tulsa.

Matthews envisions as people leave the League, they will be involved in the leadership of JLT's community partners to LDC Vice President Whitney continually improve Tulsa.

> alternative high school, members teach nutrition-based cooking classes twice a month at the school. Of the two monthly sessions, one is a food education lesson in a Street School classroom, and the other is a cooking class at Tulsa's Harvest Market classroom.

> Each class includes a discussion about what constitutes a healthy lifestyle and what foods are key components of a nutritious diet. Additionally, the students are provided with a price breakdown illustrating how much it costs to prepare the dish they made. At the end of each class, students receive the ingredients to remake the recipe at home.

MAKING AN IMPACI

To further serve Tulsa, JLT's Impact Committee provides assistance to hundreds of women, children, and families by partnering with local nonprofits to assist with done-in-a-day projects. This year, the committee's 34 members completed 23 projects with 15 different agencies. "We engage in a variety of volunteer services," Impact Committee Chair Jenny Barrett says. "Sometimes it's

FEATURE STORY

"For over 93 years, we have transformed Tulsa with a dedicated force of intelligent, trained volunteers to truly help build a better Tulsa."

CARISSA COOPER. PRESIDENT OF THE JUNIOR LEAGUE OF TULSA



Provisional members toured The Pencil Box during their retreat.

providing volunteers to complete paramount. For over 93 years, simple tasks like serving food or sorting donations. Other times it's planning and facilitating entire events."

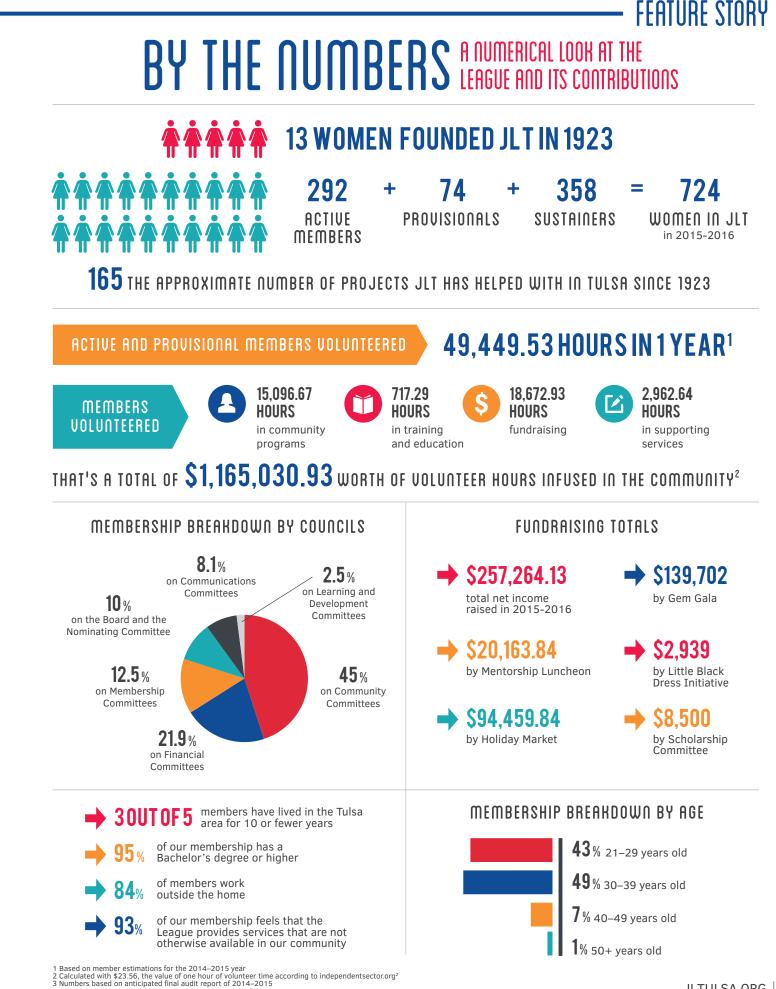
Additionally, Impact allows JLT the opportunity to identify needs in the community that could turn into long-term projects. "It's so rewarding to work hands-on with all of these organizations and to really see where the money that JLT raises is going and see the positive impact we have on the Tulsa community," Barrett adds.

THE LEAGUE'S LEGACY

JLT's commitment to improving the community, combined with its ability to train women to be philanthropic leaders, is why existence for nearly a century. in the Tulsa community is

we have transformed Tulsa with a dedicated force of intelligent, well-trained volunteers to truly help build a better Tulsa," says Carissa Cooper, president of JLT. "Presently, we tackle everything from bowling with children from Youth At Heart to assisting with Resonance's newly appointed restaurant, Take 2. We have a rich history in the Tulsa community, and you can easily see the enormous impact made by the Junior League. Envision Tulsa without Mayfest, Ronald McDonald House, Oxley Nature Center, the Gilcrease docent program, Child Abuse Network all of which the Junior League helped to found and fund." JLT has created a lasting footprint in the organization has been in the community and will continue to do so as it identifies and "Junior League of Tulsa's impact addresses critical and emerging needs in Tulsa. 🔶

JLT'S FINANCIAL POSITION June 1, 2014–May 31, 2015³ ASSETS \$ 205,813 Total Current Assets 782,987 Investments and Certificates of Deposit Property & Equipment (less accumulated 1.879.058 \$ depreciation of \$862,471) \$ 1,016,587 Net PP&E **56,678** Tulsa Community Foundation Funds TOTAL ASSETS LIABILITIES AND NET ASSETS **94.714** Total Current Liabilities **S** 1.967.351 Total Net Assets \$ 2,062,065 Total Liabilities & Net Asset



FINANCIAL FOCUS

FUNDRAISER WRAP-UP



Myka Meier, Mentorship Luncheon's keynote speaker; photo by The Sarah Image Photography

WITH A NET INCOME OF \$257,264.13, 2015-2016 WAS AN EXCEPTIONAL YEAR FOR LEAGUE FUNDRAISERS.

Throughout the year, the Junior League of Tulsa (JLT) holds fundraisers to support our community projects and initiatives. Members' time and talents join forces with sponsors and attendees' donations to financially fuel the work we do in the city. This vear's events were successful both in terms of spreading the word about JLT and raising funds to aid us in our mission of ending the cycle of poverty in Tulsa. Read on to learn more and see highlights of our fundraising success.

THE LITTLE BLACK DRESS INITIATIVE

In late September, JLT introduced the Little Black Dress Initiative (LBDI)—a new social media-fueled fundraiser. Forty-seven members participated in the weeklong event, which raised \$2,939. Each participant wore one black dress for five days to illustrate the effects poverty can have on a woman's access to resources, confidence, and opportunities. Each participant

received an LBDI button to wear throughout the week, and she spread the word about the campaign through social media.

Event Chair Tara Proctor deemed this inaugural event a success. The campaign increased public awareness "not only about poverty, but also the work JLT does to help eliminate poverty and its effects in Tulsa," Proctor says. The event, which was added to the calendar in late summer, achieved its three goals to

Start conversations about the

FINANCIAL FOCUS "WE COULD NOT HAVE HAD SUCH AN INSPIRING EVENT WITHOUT THE GENEROUS SPONSORSHIPS AND DONATIONS FROM SO MANY COMMUNITY PARTNERS."

number of people living in poverty in our community.

- Bring awareness to the work JLT does to end the cycle of poverty in the community.
- Fundraise specifically for JLT community projects focused on ending the cycle of poverty.

HOLIDAY MARKET

Held on November 6–8, the 2015 Holiday Market at the Exchange Center at Expo Square boasted 122 merchants. JLT sold a total of 4,450 tickets throughout the weekend, with more than 200 teachers and military personnel taking advantage of free admission on November 7. More than 100 patrons attended Christmas & Croissants, and it was \$20,163.84, which is an increase a record-breaking year for Cookies with the Clauses. In addition, to last year's luncheon. "Monies approximately 200 children met Santa and had their picture taken with him. Net income for the threeday event was \$94,459.22.

Holiday Market Chair Brooke community, always developing the



Provisionals crafted wreaths to raise additional funds at Holiday Market.

22 2015-2016

Sturdivant states, "This year was record breaking, but more than anything, we had a blast planning, organizing, and putting on this event for such worthy community

MENTORSHIP LUNCHEON

programs!"

On January 22, more than 200 women gathered at Southern Hills Country Club for the 2016 Mentorship Luncheon. Keynote speaker Myka Meier, founder and director of Manhattan, New York-based Beaumont Etiquette, shared practical tips and a fresh perspective on social, dining, and business etiquette.

The event's net income totaled of more than 35% when compared raised help fund next year's scholarship programs, so we can continue to support mentorship and scholarship in the Tulsa

potential of women," says 2016 Mentorship Luncheon Chair Harlan Ross.

At the luncheon we recognized the 2016 JLT scholarship recipients. Victoria Carney-Peters and Katrina Erickson received Founders' Scholarships, and Haeleigh Brown and Robin Hines received Mrs. W. Albert Cook Scholarships, Each of the four scholarships was \$3,000.

"We could not have had such an inspiring event without the generous sponsorships and donations from so many community partners," Ross says. "Thank you to all who were able to attend, and we look forward to seeing you again at the 2017 Mentorship Luncheon!"

GEM GALA

Our inaugural Gem Gala, benefitting all community projects led by JLT, took place April 15 under the stars at the beautiful Tulsa Historical Society. More than 375 guests enjoyed the dinner and after party. At the gala, we recognized JLT's 2016 gems—Suzanne Warren and The Children's Hospital at Saint Francis. The evening, which included a live auction, had a net income of \$139,702.07.

"The Gem Gala was an incredible success. We exceeded our goals in terms of fundraising. It was a beautiful evening at the Historical Society, and everyone seemed to have a wonderful time," says Lauren Avery, Co-Chair of the Gala Committee with Rania Nasreddine. "We were happy to have so many in attendance that were not already affiliated with Junior League, so we could show them who we are and what we do in the community." •

FINANCIAL FOCUS —

HOLDAY

Children took photos with Santa, decorated sugar cookies, and listened to a Christmas story at Cookies with the Clauses.





Carissa Cooper, JLT President, with Brooke Sturdivant, Holiday Market Chair

Provisionals' hand-crafted wreaths contributed to the fundraiser.





A total of 122 merchants exhibited, maxing out the venue's space.



Booths included clothing, toys, houseware, beauty products, and more.





FINANCIAL FOCUS

JLT sold 4,450 tickets for the three-day Holiday Market.





More than 100 patrons attended Christmas & Croissants.

FINANCIAL FOCUS

The second secon

www.thesarahimage.com

Annie Tran, Neil Dieterle, and Jennie Wolek





Shawna Burroughs, Megan Sellman, and Kendall Mordhorst

Tarynn Venable and Maggie Ellsworth





Ashleigh Boedeker, Heather Duncan, and Courtney Wilson



Members and guests enjoyed keynote speaker Myka Meier during the luncheon.





FINANCIAL FOCUS

Harlan Ross, Mentorship Luncheon Chair; Carissa Cooper, JLT President; Katrina Erickson, scholarship recipient; Robin Hines, scholarship recipient; Shellie Rea, Scholarship Chair; and Victoria Carney-Peters, scholarship recipient

> Tara Proctor, Carissa Cooper, Whitney Mathews, Molly Aspan, Mary Beth Nesser, and Courtney Wilson

FINANCIAL FOCUS —

GEM GALA

Photos courtesy of Ace Cuervo Photography, www.acecuervo.com

Sarah Byerly and Vaughn Rupnow



Rania Nasreddine, Gem Gala Co-Chair; Suzanne Warren, 2016 Gem; Lauren Avery, Gem Gala Co-Chair; and Carissa Cooper, JLT President





Matt McDonald, Lacey McDonald, Sarah Colpitts, and David Karimian



Barry Steichen, Executive Vice President and Chief Operating Officer of Saint Francis Health System and representative of The Children's Hospital at Saint Francis, one of the two 2016 Gems; and Carissa Cooper, JLT President



Jennifer Wyckoff, Shellie Rea, Mary Beth Nesser, Courtney Wilson, Carissa Cooper, Rita Burke, Tara Proctor, Whitney Mathews, BJ Weintraub, and Heather Duncan





FINANCIAL FOCUS

Gala attendees gathered under the stars at the Tulsa Historical Society.

> **Gem Gala Committee** Members Back row: Sarah Gideon, Teresa Forehand, Stacy Schauvliege, Sarah Byerly, Lindsey Bull, **Rachel Chinsethagid**, Lacey Theobald, Carol Puckett, Sarah Abuali, and Alex Shipley Front row: Amanda Brumby, Shelby Stauffer Bennett, Rania Nasreddine, Lauren Avery, Madelyn Tackett, Maggie Den Harder, Candace Wood, and Ginny Seeley

FINANCIAL FOCUS -

2015-2016 SPONSORS This year's success would not have been possible without these donors' generous support.

HOLIDAY MARKET

Christmas & Croissants Presenting Sponsor (\$5,000) Kendra Scott

Cookies with the Clauses Presenting Sponsor (\$5,000) Brian Raley, M.D. Pediatrics

Tinsel Sponsors (\$5,000) Barbara and Jim Sturdivant Barrow & Grimm, P.C. D & L Oil Tools

Sleigh Ride Sponsor (\$1,500) The Bank of Oklahoma, Private Banking

Jingle Bell Sponsors (\$1,000) Bruce and Shea Roach Mr. Burt Holmes Central National Bank Dentsply Tulsa Lou and Connie Miller Charitable Foundation Mrs. Peggy Helmerich Dr. Robert Zoellner Spray Equipment of Oklahoma, Inc.

Snowflake Sponsors (\$500) Capital Advisors, Inc. John Ragan, McGraw Realtors Midwest Pest Control Mrs. Ronda Norton

Holly Sponsors (\$250)

David L. Sobel Drummond Law, PLLC Greyson Construction Jessica Ridens Kelli and Mark Gebbia Kim Smith Liz Brolick Oklahoma Interventional Spine & Pain Sagebrush Pipeline Equipment Shelby and Hank Bennett Tara and Brian O'Mahony The Party Darling Tulsa Braces

MENTORSHIP LUNCHEON

Presenting Sponsor (\$10,000) Williams

Supporting Sponsors (\$1,500) Explorer Pipeline Hall Estill Saint Francis Health System

Mentors' Circle (\$850) ONE Gas

Friends of the League (\$500) Austin Bean Design Studio The Beckman Company Insurance Carissa and Brad Cooper Kelli and Mark Gebbia

Helping Hands (\$250) Shelby Bennett Rania Nasreddine Harlan Ross

GEM GALA

Presenting Sponsor (\$20,000) The William K. Warren, Jr. family

Gemstone Sponsor (\$10,000) The William K. Warren Foundation

Jewel Sponsors (\$5,000) Bank of Oklahoma Gable Gotwals Luxe Furniture & Design

Rock Sponsors (\$2,500) Ace Cuervo Hall Estill The Hammer Studio Israel Diamond Supply J.A. Mathis Company JD Young Magellan Midstream Partners Mike and Cathey Barkley Nabholz ONEOK Inc. PartyServe Phil R. Richards, Attorney at Law

Bauble Sponsors (\$1,500) Automated Mail Service Boardwalk Distribution Central National Bank Frank and Bonnie Henke HoganTaylor LLP Jarboe Sales Company Oklahoma Magazine Response Solutions The University of Tulsa Monica Williford WPX Energy

Bling Sponsors (\$1,000) American Bank and Trust Co. Candace Clark Carissa and Brad Cooper Crowe & Dunlevy Cyntergy Deb & Marty Thalken Liz Brolick and Caitlin Boewe Mabrey Bank nJoy Vision No Box Studios/Sean Lorton Williams

Sparkle Sponsors (\$400)

Amber Garrett Ashley Cockerham Ashley Whitby/Blushprom.com BJ and Jason Weintraub Cannon Oral Surgery Capital Advisors, Inc. Cyndi and Mike Kernan David Karimian Deidra and Scott Kirtley Dental Surgical Arts of Tulsa Elizabeth Stidham Harlan Ross Dr. James Rodgers Jason and Bea Aamdt Jean Ann Hankins/Ronald McDonald House Charities of Tulsa Jenny Barrett Lacey and Whit Roskam Marianne Brett Maureen Johnson On the Cusp Pediatric Dentistry Pius and Jessica Yoon Route 66 Dental Implants & Periodontics Sarah Bverly Drs. Shannon and Shannon Orthodontics Stephen and Jordan Brocks Tara and Eric Proctor **True Smile Orthodontics** Whitney and Blake Mathews

PRESIDENT'S SOCIETY PATRONS

Cali McMickle Carissa and Brad Cooper Courtney and Rich Wilson Elaina Osteen Jessica and Jon Engelbrecht Margaret and Casey Robinson Meg and Gary Watkins Marti and Andy Levinson Molly and Brian Aspan Rita and Taylor Burke Shelby and Hank Bennett

PRESIDENT'S SOCIETY FRIENDS

Mary Beth Nesser Toni Moseley

FINANCIAL FOCUS

REMEMBER...

Thank you for ReMembering the Junior League of Tulsa by renewing your dues or making a gift.

Please complete the information below and mail this form to The Junior League of Tulsa, 3633 South Yale Avenue, Tulsa, Oklahoma 74135.

RENEW YOUR MEMBERSHIP OR MAKE A GIFT

Dues for the upcoming year are as follows:

Active Member:	\$175
Sustainer:	\$100
Sustainer over 65 years of age:	\$75
Sustainer over 80 years of age:	\$0

Please circle the appropriate member level above and include payment with this form.

If you would like to make a gift to the JLT endowment, make note of this generous gesture below.

I would like to donate \$_____ to the JLT endowment.

I would like to make this gift in honor or memory of____

STAY IN TOUCH

Stay in touch with JLT and provide updated contact information, including an email address. (While email correspondence might not always be the easiest way to stay informed, it is the least expensive and most timely.)

____ Check here if your address is incorrect on *gusher*.

If incorrect, advise us of changes here.

Preferred email address

Contact number for the JLT directory_____

STAY CONNECTED

_____Check here if you would like to subscribe to the Gusher Online e-newsletter, which includes the most recent articles published on www.jltulsa.org. Please include your email address in the field above.

_____Check here if you are interested in becoming involved with a committee or task force. A member will contact you for more information and your areas of interest.

Thank you for supporting the Junior League of Tulsa.

LOOKING BACK



ESTABLISHING MAYFEST

JLT INTRODUCED THE ANNUAL ARTS FESTIVAL TO TULSA WITH JUBILEE 73.

The year was 1972. Richard M. its golden anniversary.

these groups with the idea of cosponsoring an arts festival. "It was President Nancy Daniels.

Nixon was president. A gallon of an arts festival that would bring 12-month span, JLT planned and gas cost 36 cents. Utica Square just local performing and visual executed a festival featuring a slate opened, and the Junior League of artists to Tulsa May 18-20, 1973, of exclusively local artists and food Tulsa (JLT) was about to celebrate at the Civic Center Plaza. The vendors. "At that time, members festival, called Jubilee '73, would were so committed. We would have Coinciding anniversaries of the commemorate the City of Tulsa's never disappointed each other City of Tulsa, the Tulsa Philharmonic 75th anniversary, the Junior League by not doing our jobs. The hours Society, and the Junior League gave of Tulsa's 50th anniversary, and the were long. It was hard work. It was JLT an opportunity to approach Tulsa Philharmonic Society's 25th hot—I do remember that—but it anniversary.

our gift to the city," says 1972 JLT doing," Daniels admits. "We just the children's area was extremely put our heads together, and it popular because the kids painted

The purpose was to produce was a huge success." Over just a was fun." Underscoring the fun of "We didn't know what we were Jubilee '73, Daniels remembers

We didn't know what we were doing. We just put our heads together, and it was a huge success.

with squirt guns. "The KidZone was one of the most fun things we did. Everyone who worked that area was covered in paint. Everyone loved it," she recalls.

In 1974, JLT turned over production of the festival to Downtown Tulsa Unlimited (DTU) and the Arts & Humanities Council of Tulsa. The gift to our city has transformed during the past 43 years—changing in size, scope, name, and even location. Today, Mayfest boasts having "something for everyone," including three indoor galleries, along with multiple outdoor areas with fine arts, crafts, performing artists, KidZone, and—of course—great festival food.

Daniels recalls her time as president saying, "It was the easiest job at Junior League. The women did all the hard work, but the president got the credit." Fittingly, the gift presented to Daniels at the conclusion of her term had Jubilee '73 ties. It was a beautiful ring by Ann Garrett, a local artist who had a booth at the inaugural festival.

Four decades later, Daniels says JLT's gift to Tulsa is evidence of the League's pioneering spirit, vision, and contributions to our city. "Jubilee '73 is an example of what JLT can do. It makes me proud," Daniels says. "We did it, and we did it beautifully." •



LOOKING BACK



GableGotwals' labor and employment group represents employers in all aspects of employment law. We regularly counsel employers on day-to-day human resource issues, ensure compliance with state and federal laws and regulations, and assist in preparing contracts, handbooks and policies. We have extensive experience appearing before government agencies such as the EEOC, OSHA, DOL and OFCCP. We represent employers in labor disputes and in all types of employmentrelated individual and class-action litigation, such as claims under Title VII, ADEA, ADA, FMLA, FLSA, GINA and other state and federal laws. Our knowledge and skill means efficiency and savings in solving your issues, and confidence that we understand the real world consequences to your company.

GableGotwals...Solving Problems and Managing Opportunities.





We Are Employment Law



TULSA · OKLAHOMA CITY · www.gablelaw.com





LH Leslie Hoyt.com

Heirloom Children's Portraits 918-200-9436



MINTDENTALTULSA.COM



Can ONE company... change the face of an industry by championing workforce diversity and promoting creativity? Absolutely.

All of our success stems from the collective strength, skills and experience of our employees. We rely on their expertise to promote a culture where a commitment to smart business and customer service are a priority, and we are always looking for new talent.

ONEOK.com







Health Zone for fitness.

Enjoy the ease of membership without contracts. Make a move in the right direction toward this 70,000 square-foot medically-based fitness facility. Health Zone offers an array of exercise equipment, two indoor pools, an extensive selection of classes and a variety of wellness programs.

5353 East 68th Street South | 918-494-1671 saintfrancis.com/healthzone



Junior League of Tulsa, Inc. 3633 S. Yale Ave. Tulsa, OK 74135

WANT MORE? GO ONLINE!



D

The Junior League of Tulsa's website is home to articles about

- The Junior League of Tulsa's Work in the Community
- Ladies of the League
- Sustainer Updates
- Fundraiser Details
- Activities Around Town
- And More!

New articles are added each month. Visit Gusher Online at www.jltulsa.org.

