

THE MAGAZINE OF
THE JUNIOR LEAGUE OF TULSA

Volume 8, Issue 1
WINTER 2011

gusher

www.jltulsa.org



Strong Partnerships Equal Stonger Communities

Harvest Market/Kids in the Kitchen Community Project

PLUS:

Decadence 2011



The DIP Card



AJLI Training Opportunity

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Mission Statement

The Junior League of Tulsa, Inc.,
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mitted to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. Junior League of Tulsa reaches out to women of all races, religions, & national origins who demonstrate an interest in and commitment to voluntarism.

Core Values

Community: It is the heart of all we do

Diversity: The synergy of different perspectives

Voluntarism: An essential component of our society

Mentoring: Essential growth for future generations

Leadership: The development of individual potential

Respect: For our members' time, energy and skills

Collaboration: Forming partnerships and strategic alliances

Well-being: Physical, mental, emotional and social

For more information about the Association of Junior Leagues International Inc. or to find out more about how Junior Leagues build better communities, please contact:

The Association of Junior Leagues International Inc.

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www.ajli.org



On the cover: Shea Eby, Harvest Market Committee Chair; Ayschia Saiymeh, Global Gardens Community Outreach Director & Educator; Clark Millsbaugh, Harvest Market. Photograph by Leslie Hoyt, www.lesliehoyt.com.

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Thank you to our Guest Contributors

Shea Eby

Mary Anne Thoman

BJ Weintraub

Rita Burke

Katie Mabrey

Sue Curry

Janna Roberson

Letter from the president

Over two-hundred turned out for our December General meeting hosted by the Philbrook Museum of Art. What a great way to highlight the announcement of the slate for the 2011-2012 Board of Directors and celebrate each other's successes this year. What, collectively, the members of the Junior League have been able to accomplish makes me so excited about our future.

Since our last Gusher issue, we have completed two out of three fundraisers. Both the American Girl Committee and the Holiday Market Committee took time away from their work, family, and lives to selflessly devote thousands of hours toward making these fundraisers successful. At each event, we were grateful to welcome the community in the form of local businesses, families and children successfully raising much needed money to fund our worthy community projects. Our third fundraiser, Decadence "Denim and Diamonds" is set for Saturday, February 12, 2011 at the Hyatt Regency Hotel in downtown Tulsa. We are honored to have the wisdom and support of our distinguished sustaining advisors to this event, Janna Roberson and Shea Roach. The evening will bring auction items, both live and silent, gourmet barbeque, decadent desserts and fantastic entertainment. You will not want to miss "Denim and Diamonds."

In addition to working tirelessly on fundraisers this year, our members have logged countless hours for our community. We continue to assist Gilcrease Museum and the University of Tulsa in the endeavor to grow and expand arts education and our IMPACT Committee continues the tradition of serving our community with its numerous done-in-a-day projects. Our Laura Dester Committee participated in the much-anticipated Open House at the new shelter facility on December 3 and our St. Francis Committee continues to dedicate their time in the Family Resource Library. Global Gardens is thriving at Rosa Parks; Westside Harvest Market has exceeded all expectations, with full capacity cooking classes every month; and our Scholarship Committee is diligently reviewing applications for our annual scholarship awards.

As I reflect upon what we have been able to do in such a short period of time, I cannot help but think about how proud I am to be a member of the Junior League of Tulsa. Perhaps especially because of the role I have been so privileged to serve in this year. Thank you, ladies of the Junior League of Tulsa, for making this experience one in a lifetime.

Fondly,



Cassie Barkett
2010-2011 President



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February

12 Decadence

14-17 JLTU

March

10 General Meeting
@ Tulsa Ballet

April

5 Sustainer Luncheon
11:30 am

SAVE THE DATE!

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Transitions

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Alec Wayne & Aiden Mark Walling

Sons of Jennifer (A) & Kenny
Born August 25, 2010



Mallory James Sturdivant

Son of Brooke (P) and David
Born August 17, 2010



Scott Torbett Allen

Daughter of Tai (A) & Jeff
Born September 29, 2010



Meryn Belle Lowell

Daughter of Kristen (A) and Chris
Born September 9, 2010



Jane Kathryn Battle

Daughter of Stephanie (A) & Justin
Born September 26, 2010



Foster Clinton Gillingham

Son of Anne (S) and Clint
Born August 16, 2010



Maxwell Neil Mathews

Son of Whitney (A)
Born December 9, 2010

Let us share the times that are taking place in your life. You are encouraged to share the following announcements: births, engagements, weddings, condolences, community and business recognitions, new jobs, and/or new job promotions. Please send all details to Ronda Lau, ronda_lau@hotmail.com

Achievements

Mary Wallace Warner, JLT Past President, was inducted into the Tulsa Central High School Hall of Fame.

Weddings

Andrea Martin (A)
to Michael Montgomery
on September 25, 2010



LH Award-winning photography!

Leslie Hoyt
PHOTOGRAPHY
LeslieHoyt.com
918.200.9436 LeslieHoyt@gmail.com

Decadence
DENIM and
DIAMONDS
february 12, 2011



Decadence Chair, Katie Mabrey, and Sustaining Advisors Janna Roberson and Shea Roach are pleased to announce that 'Denim and Diamonds' returns as the annual Decadence fundraising gala theme for 2011. They and the entire Decadence Committee are looking forward to an evening of celebrating and honoring our past and current community partners.

February 12, 2011 at the Hyatt Regency Hotel downtown Tulsa will be the date and setting for this open-to-the-public event. This year in particular we stress the importance of inviting friends, family, and especially those who are not members of the League to this important event. Showcasing our members' commitment to improving our community is an important way for members of the Tulsa community to learn more about what we do.

"It has been a misconception that Decadence is exclusively a 'members only event.' Rather, this event celebrates the Junior League's impact in the community and if you are inspired by volunteers who commit their time to improving Tulsa, then this is the event for you," said Kristal Sack, Decadence Vice Chair.

It is our privilege as members to get out into the community and invite our friends and family to Decadence. Many are unaware of what the Junior League does and this is the perfect opportunity to brag a little. After all, it is our proud heritage that for the past 88 years we have dedicated ourselves to building Tulsa into one of the best places to live.

You will not want to miss this evening of fabulous food, music by Mid-Life Crisis, and of course, lots of dancing. The gala will also include both live and silent auctions featuring fabulous items. Most importantly the event will honor the time and dedication of League volunteers and the community partners of the League.

"This year we are making it a priority to display the League's community projects. This is a perfect opportunity for us to show the community what the Junior League does within Tulsa, allowing donors to know where their money is going," said Katie Mabrey, Decadence Chair.

To purchase tickets visit www.jltulsa.org or call Doris @ (918) 663-6100. Sponsorship opportunities are available.



Hello, Sustainers!

Fall's Sustainer activities were as lively and colorful as the beautiful leaves displayed in October and November. The Fall Party was held at Sage Culinary Studio Southside on the evening of October 7 and included a hands-on pizza making lesson in which we prepared gourmet pizzas and then consumed the delicious effort! Catherine deCamp, owner of Sage studios, and Don Conner, chef and instructor for the evening, led us in Sage aprons through the steps of making the dough; correctly stretching the dough and completing with fresh and original toppings for a gourmet pizza experience that would please anyone. The Sage studio facility was the perfect setting for this event as it is well-appointed in the cooking stations and offers a fine selection of cooking and kitchen items in the store from which we were allowed time to shop afterwards. Thank you Catherine and Don for sharing such a delightful evening with us!

Sustainers also enjoyed JLT events at the American Girl Fashion Show and the Holiday Market. I especially enjoyed attending the American Girl show with my 8 year old granddaughter, Darian, who vows to model next time. The show was wonderfully emceed by Sustainer Cindy Morrison and featured many adorable young models from the Tulsa community. All who went to the Holiday Market were impressed with the selection of items and merchants and really enjoyed shopping at the market. We look forward to these events again next fall.

Our club activities are ongoing and have included new books and restaurants. Book club selections included, in September, *The Known World* by Edward P. Jones at the home of Deidra Kirtley. The book, a Pulitzer Prize winner, is about Henry Townsend, a black slave and farm owner set in Manchester County Virginia. The book illustrates an intricate historical view of slavery through the life of Henry, his family and significant others. *One Thousand White Women, the Journals of May Dodd*, a novel by Jim Fergus, was reviewed at the home of Laurie Brumbaugh. The book is a historical fiction based on an idea presented in Washington in 1874 but never carried out to exchange 1,000 white women to marry Indian men for horses between the Cheyenne and the US government to help the Indians assimilate into white culture. Jim Fergus took the "what if's" and told a vibrant and believable story of the American west. Through the journals of May Dodd, one of the white women who married the chief of the Cheyenne tribe, readers are transported to the plains living the Indian tribe's daily life of joy, hardship and adventure. Francine Bandy, brought the book even closer by arriving in Indian dress complete with a chief's headdress. November's book, reviewed at the home of Nancy Daniel, *A Reliable Wife* by Robert Goolrick is a book of mystery and murder in the lives of the main characters Catherine Land and Ralph Truitt. Beginning in Chicago but developing in Wisconsin in the fall of 1907 Catherine answers a newspaper ad for a "reliable wife" for an older, wealthy man, Ralph Truitt. The tale unfolds as she leaves the train in her new destination town and meets Truitt for the first time and who is unhappily surprised as she does not resemble the picture sent to him. Catherine's plan is to meet, marry and kill her new husband and become the wealthy widow. The story and "the plan" develop from that first disconcerting meeting into deep complexities of the characters, mystery and murder. The book is a real page turner with a surprising ending. Rumor has it that a Movie Club may be formed as many of Book Club's selections have been made or are being made into movies ... so be watching!

Lunch Club enjoyed lighter fare during the fall months at three wonderful restaurants: in September at Te Kei's, in October at Villa Ravenna, and in November at Villa Philbrook. All were most enjoyable and fun in conversation and dining. Lunch Club did not meet in December but will resume in January.

Restaurant Club met at the new Wolfgang Puck Bistro in Brookside in September with a large group who really enjoyed the restaurant's patio dining and diverse menu. They met in October at Shogun at 68th and Memorial for an entertaining Japanese hibachi grill dinner. Then in November at Savastano's Pizzeria in the Spirit Event Center complex on South Memorial in Bixby. This group continues to grow and enjoy each other sampling many of Tulsa's finer dining establishments old and new.

All clubs will continue in 2011. Book Club meets the third Tuesday of the Month. Lunch Club meets the second or third Wednesday of the month. Restaurant Club meets the second Monday of the month. To attend any club gathering please contact Annabel Jones, Book Club Coordinator at, 629-7553 or AJONES@samson.com, Robyn Cannon, Lunch Club Coordinator at 298.7753 or RobynCannon@DTAG.com, and/or Ann Foster, Restaurant Club Coordinator at 694-6118 or Ann.Foster@hilti.com. As always consider your "open invitation" to attend any or all Sustainer activities and JLT activities as invited.

Happy New Year!

Sincerely,

Sue Curry

Sue Curry
Sustaining President

2010-2011
Sustaining Board
Mary Alice Ahlgren
Laurie Brumbaugh
Robyn Cannon
Sue Curry
Ann Foster
Dru Johnson
Deborah Kurin
Denise Piland
Pam Rosser

Want to get involved in Sustainer Activities?

Membership Dues/ Communications
Doris Brown at HQ
663-6100

Book Club
Annabel Jones
629-7553
ajones@samson.com

Lunch Club
Robyn Cannon
298-7753
robyncannon@dtag.com

Restaurant Club
Ann Foster
694-6118
annfoster@hilti.com



Andrea Nielsen Bartlett, Jane Grimshaw and Kris Lovely

Ann Foster and Carla Gilbert



Kay Holmes and Jocie Love



Restaurant Club

Caroline Crain, Judy Cairl and Dale Roberson



Emily Dunaway and Ellen Fuller



Laura Miller and Kristen Howell



Mary Alice Ahlgren and Laurie Brumbaugh

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Kara Howard

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If this sounds interesting to you, I urge you to call Clint right now! Why the urgency?

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Fair Warning: Want in? Better hurry! **I URGE YOU... PLEASE DO NOT DELAY!** Call 296-7418, and tell Clint to set up you no obligation, no hassle and no pressure consultation.

Would you like more information? Then *rush* over to

www.TulsaFitnessSystems.com

8624 S. Peoria, located just west of the river and north of Jenks

296-7418

The invention of the DIP card

Sometime back in 2006...

During one of the many AJLI trainings I attended during my President-elect year, I stole an idea from a league trainer. The session was about creating a marketing plan for your league; one of her suggestions was to create a business card that briefly detailed the mission of the Junior League and the projects of your local league. The card would need an educational push for members to understand how and when to use it and cards would be distributed in mass for members to carry with them. Hmm...I wondered if that might be a good idea for JLT?

It and the 100,000 other great ideas went into my brain with all the other great amounts of information I was amassing at the time and was basically forgotten. Until...I was at Albertson's grocery store and handed my community card for JLT (the grocery store donated money to your selected non-profit) to the cashier, she looked at it and said, "That's a new one, what is the junior league"? I stumbled and fumbled around trying to explain it to her until a glazed look fell over her face and I realized she had no idea what I was talking about...all the way back to the car I thought "how am I ever going to talk about the



Junior League of Tulsa
"Serving the Tulsa community since 1923..."

Junior League of Tulsa is an organization of women volunteers that fosters leadership and improves the community. We train our members by providing project management and hands-on service opportunities.

Our current projects range from done in a day outreach to the establishment of independent community agencies - such as Child Abuse Network (CAN), Ronald McDonald House, Mayfest, Oxley Nature Center, and Leadership Tulsa.

DIP into the Junior League of Tulsa

Developing the potential of women,
Improving our communities through effective action
and leadership of trained volunteers, and
Promoting volunteerism.

TAKE THE PLUNGE!

3633 S. Yale, Tulsa, Ok 74135 (918) 663-6100 www.jltulsa.org

by Janna Roberson, JLT President 2006-2007

league publicly or ask for financial support if I cannot even explain what we do"? Ah ha moment, literally with the light bulb, struck me as I recalled that presentation at AJLI.

The DIP (JLT mission out of order so that it could have memory meaning) card was born, Developing the potential of women, Improving our communities through the effective action of trained volunteers, and Promoting voluntarism. I used the DIP cards as my theme throughout my term as President 2006-2007, trying every time and place to push those cards into the hands of members and any given stranger that happened to ask about the Junior League. I truly believe the 1 minute prepared and practiced information on the cards can allow even the newest of members the ability to talk about the League and its 87 year mission in the Tulsa Community. Won't you too take a DIP with me?

Strong Partnerships Equal Stronger Communities

The Harvest Market / Kids in the Kitchen Community Project

by Shea Eby and Mary Anne Thoman

Shea Eby fell in love with the Global Gardens project a few years ago when a student gave her the gift of a simple sunflower seed. "Our partnership with Global Gardens the past three years has been rewarding, successful and empowering to both the students and the women of the Junior League of Tulsa." She believes in what they do, and how they are molding the children in the community, so much that when she served as JLT Community Program VP last year she asked them "how can we help Global Gardens grow?" The response was immediate, "a cooking class."

Westside Harvest Market was the combined vision of First United Methodist's Clark Millspaugh, Eugene Field Principal Cindy Hemm and Global Gardens founder Heather Oakley. A group of 10 investors, headed by Clark Millspaugh and his wife, Anne, sought to fill a serious need. The only food sources within the community around the Eugene Field Elementary School were a convenience store and fast food chains. With three large public housing units within easy walking distance of the school it was apparent that many children were not receiving the proper nutrition. Imagine your own child, trying to focus and learn, on a diet consisting of fast foods with no real nutrition.

Strong partnerships equal stronger communities. Global Gardens was established and in place; with Westside Harvest Market opening next door, the next logical step was to engage the community and bring the two together. Attempts were made to start nutritional cooking classes but they were met with challenges getting the community involved.

JLT joined forces partnering with Global Gardens and Westside Harvest Market, reviewing past attempts at getting budget oriented, nutritional cooking classes off the ground. With input

Harvest Market Committee

Shea Eby, Chair
Kim Eshelman, Vice Chair
Courtney Wayland
Jessica George
Candice Grandon
Giselle Martinez
Brooke Smith
Erica Greenfield
Lauren Bradley



from Ayschia Saiymeh of Global Gardens, Clark Millspaugh of Westside Harvest Market and advice from JLT Community Advisory Board member Colleen Ayres-Griffin of Community Service Council, plans began to fall in place.

Shea Eby states "it has been with the passionate help of the new Harvest Market/KITK Committee that the new partnership has gotten off to a wonderful start; planning healthy meals, engaging both parents and their children in each class and having a genuine enthusiasm that is life impacting to many families. I am proud to say that JLT has taken a need and helped make a successful program even stronger. Reaching out to more people in the community, helping make the Tulsa community stronger and seeing the results have been awesome, one of the most rewarding things I have done in League so far."

The new program continues

to evolve and starting in January the market will be open for an hour or so after class so the participants can buy items used in class. JLT's efforts help to make the market more of a "community center," a place where families can meet and have positive community interaction. As they all work together chopping, dicing, and slicing, JLT members talk about different herbs or nuts they would try in the dish or ask participants if they have ever tried brown rice. They discuss healthy facts of the food being prepared, what vitamins broccoli has, the health benefits of avocados or how to make food last for more than one meal. They provide printed copies of the recipes and use ingredients that can be found at the Harvest Market which encourages and enables participants to prepare the food on their own in the future.

Project Leader Jessica George has really enjoyed being a part of the Harvest Market Committee and loves that it "brings families together and shows them that cooking can be fun, inexpensive, and good for you. Having participated in a couple of classes, it is really nice to see families coming back to learn more as well as



Harvest Market/Kids in the Kitchen Events

January 8
February 5
March 5
April 2



having new families join in. My favorite part is introducing new foods to people. In the class I led, we made salmon patties, and all of the kids loved them. One boy even said, 'I don't know what this is, but it's good!' I also enjoyed watching a young military wife and mother overcome her hesitancy and dive into mixing the salmon/raw egg mixture with her hands and then frying the patties. She didn't really know how to cook but was excited about learning how to prepare something for her husband when he returns from his deployment. I love that this committee gives us direct interaction with the community, and expands on the relationship we already have with Global Gardens. People who may not know each other are working together to create a meal and having interactive discussions on cooking and nutrition. The Harvest Market is providing a great service to a needy community, and it feels good to help extend those services."

At first Project Leader Giselle Martinez wasn't sure what to expect from the families. Would they be bored? Would they want to participate? What if no one showed up? Delighted, she soon found those fears were unfounded. "We've had good size groups and everyone has been very excited and eager to participate. We think the market cooking class is also helping with the sense of community. By having various families cook with each other, they get the opportunity to develop relationships. We've also had some

families return month after month, as well as new families join.

"We've tried to have the children be involved as well by having fun activities for them to do, which include helping prepare a fun, healthy kid friendly snack as well as the main meal the parents prepare. The children love this part of the class. We've made yogurt and orange pulp-filled oranges, baked apples, and apple granola sandwiches. The kids also get to eat the main meal once it's prepared and we tell them about the good ingredients that go into their food.

"The first class we were able to provide a bag with all the ingredients needed to make the food for each of the families that participated. One of the children that came to the second class told me 'We went home last time and made the food you gave us for dinner!' That was exactly the reaction we wanted! Watching them enjoy a meal that we know is good for them makes the whole process worthwhile."

JLT provides the funding to buy the ingredients for the cooking class as well as plastic utensils, paper plates, water, etc. Some of the budget provides giveaways for the families at the end of the class. Giselle feels that the giveaways are a key part of their success and is glad that JLT can do this for them.

"We have a lot of ideas for ways to continue to improve the cooking classes that we plan to implement as the year goes on.



Erica Greenfield and Kaylynn Jones

We definitely learn a lot each time and have tried to make sure we share our knowledge with the committee members that weren't there. Overall, I am so excited and proud to be a part of this committee. I feel that I'm making a difference with each class and it's exactly what I wanted to get out of Junior League. I am also very excited to see where the cooking classes go and everything we're able to accomplish. One of our goals is to provide some much needed kitchen items to the market kitchen, they desperately need new knives, as well as many other items. In the end, the families are so grateful and enjoy the class so much that I can't imagine a better way to spend my Saturday afternoon."



The partnership with the Junior League of Tulsa has been great! We knew having a teaching kitchen was a priority when we were developing the Harvest Market. We felt that it would be such a great way to meet some of the needs of the community - not only by having a venue to teach tangible skills and nutrition but also as a way for people in the community to come together and learn from each other and about each other.

Having the partnership with JLT has made that possible. The amount of creativity, effort and preparation put into each class has been evident. The JLT women have made a sincere effort to get to know families and are personally encouraging them to join the Saturday classes. They have given up Friday evenings to come to the Eugene Field Community Days to personally invite families and publicize the classes. This has made all the difference!

The classes are hands-on, giving each participant an opportunity to be involved in the cooking process - where learning by doing is the focus. What I am most excited about are the relationships that are being built and the sense of community that I feel!

Ayschia Saiymeh

Global Gardens Community Outreach Director & Educator





American Girl FASHION SHOW



The Junior League of Tulsa's (JLT) American Girl Fashion Show raised \$15,000 for our organization and community projects with your generous support this year.



American Girl Committee: Christina Cohlma, Molly Crawford, Mindee Ferland, Erin Harveth, Betsy Hendershot, Vicki Lentz, Sharron Pettiford, Suzanne Phillips, Miranda Russell, Gina Smith, Annie Tran, BJ Weintraub (chair) and Courtney Wilson



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- Dave and Buster's
- Eskimo Joe's
- Blue Moon Bakery
- Tulsa Shock
- St. John Health Club
- Carbon Pilates
- Tulsa 66ers
- KZB Airbrush Tanning
- Fox Cleaner's
- The Skin Boutique
- Aveda Woodland Hills
- Meig's Jewelry
- Southwest Aesthetic Services
- Clinique at Dillards Woodland Hills Mall
- Beshara's
- MAC Cosmetics at Dillards Woodland Hills
- The Body Shop
- Trippet's
- Queenie's
- Felini's Cookies and Deli
- Hollywood Nails
- Estee' Lauder at Dillards Woodland Hills
- Dillard's at Woodland Hills
- Sweet Mama
- Jara Herron Salon and Medical Spa
- Tulsa World of Gymnastics
- Dr. Wrany Southard, DDS
- Kiddlestix
- The Buckingham Group

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- Bloomies of Tulsa
- Mary Murrays Flowers
- Ladybugs Flower and Gifts
- Toni's Flowers and Gifts
- Petal Pushers
- Stems of Utica Square
- Ted and Debbies
- Argie Lewis Flowers
- Aarons Flowers and Gifts



Let it Snow,
Let it Snow,
Let it Snow!

Although Oklahoma winters are cold, it doesn't mean you can't stay warm in the kitchen with some recipes from your JLT cookbook, **Oil and Vinegar**.

MENU

Artichoke Dip, page 23

Chevre Salad with Hot Cider Dressing, page 83

Chicken Lasagna, page 164

Tuxedo Brownie Squares, page 227



An emulsion of recipes from the Junior League of Tulsa, Inc.



*Support the Junior League of Tulsa's
Community Projects through the
purchase of our cookbook
"Oil & Vinegar"*

*Cookbooks can be ordered by
visiting www.jltulsa.org or by calling 663-6100*



Grocery List

Dairy-

- 3 sticks of butter
- 2 cups of milk
- 1 1/2 cups grated parmesan cheese
- 2 cups shredded mozzarella cheese
- 2 cups cottage cheese
- 1 cup mayonnaise
- 8 ounces cream cheese
- 1/2 cup sour cream
- 4 ounces monterchiet cheese

Fruit-

- 1-2 Large McIntosh apples

Veggies-

- 4 garlic cloves
- 1 onion
- 2 10 ounce packages of frozen spinach
- 1 can drained artichoke hearts
- 3 shallots
- 12 cups of mixed greens
- 1 cup of fennel

Meat-

- 2-3 chicken breasts
- 8 slices of bacon

Spices, Sauces, Seasonings-

- Salt, Pepper
- Chicken bouillon granules
- Oregano
- Basil
- Garlic Powder
- Dillweed
- Worcestershire Sauce
- Wine Vinegar
- Olive Oil
- Honey Mustard
- Cinnamon
- Sugar
- Flour
- Baking Cocoa
- Vanilla Extract

Misc-

- 15 uncooked lasagna noodles
- 1 cup of spiced pecans

Community Corner

OPPORTUNITIES TO HELP

Family Resource Library at the Children's Hospital at Saint Francis

The Family Resource Library is in need of:

Play Station 3 (PS3) games

Gently used children's books

Contact JLT Chair Ashley Boedeker,

ashleigh_boedeker@yahoo.com or 361-2888

Laura Dester Children's Center



In order to place children from the Laura Dester Children's Center in Foster Care TAPC is in need of:

Twin beds and/or bedding

Infant equipment: cribs, toddler beds, car seats, high chairs, walkers

Diapers sizes 3, 4, 5 and 6

Pull-ups 2T-3T

Good start Formula

Baby food stage 2 and 3

Baby wash

Baby wipes

Detangler

PJ's for boys and girls

2T to 5T

Ages 6 to 11 (small, medium and large)

Ages 12 to 17 (small, medium and large)

Teenage hair products and small rubber bands

Coats for boys and girls

Ages 2T to 5T

Ages 6 to 8

Ages 12 to 17

Winter clothes for boys and girls

Ages 3T to 5T

Ages 6 to 11

Ages 12 to 17

Contact Laura Dester Volunteer office, Jamie Paul,

Jamie.Paul@okdhs.org or 728-6707

IMPACT PROJECT EVENTS

What we've been up to this fall:

September

Big Brothers/Big Sisters

October

DVIS

Youth at Heart Bowling

Crosstown Learning Center

DSAT Buddy Walk

November

Rosa Parks Elementary Family

Game Night

December

Mother's Group Santa Project

DSAT Holiday Party @ Camp

Loughridge

Resonance Christmas Party

What we've got planned:

January

OASIS Women's Tea Party

Youth at Heart Quick Start Tennis

Resonance Graduation Party

February

Youth at Heart Craft @ Senior Center

Youth at Heart Valentine's Party

Youth at Heat Circus

March

Resonance Career Workshop

April

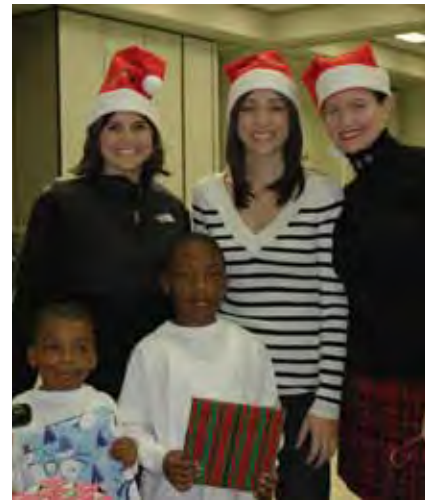
Parent Child Center Baby Shower

Resonance Graduation Party

May

Marshall Elementary visit to Aquarium

JLT members or sustainers that would like to volunteer for any of these events please contact Sutton Murray at tulsamurrays@cox.net



Lauren Waits, Christina Callas, and Kirsten Buford providing books to Thomas and Timothy Ballard at the Mother's Group Santa Project.

Gina Hasty and Lauren Waits passing out books at the Mother's Group Santa Project.





**Gina Hasty helping serve food
at the Rosa Parks Elementary Cultural Event**

2010-2011 Community Projects

Each year the Junior League of Tulsa (JLT) conducts in-depth research to identify critical emerging needs within our community and respond by developing projects to address those needs. Through collaboration with sponsoring agencies, intensive training of our membership, and direct service through volunteer hours and fund development, JLT strives to establish each community project as self-supporting before it is returned to its sponsoring agency for long-term implementation, usually within three years. This unique leadership model has allowed JLT to serve a vital role in the success of Tulsa's most prominent community agencies, such as Ronald McDonald House, Youth Services of Tulsa, Mayfest and the Francis Willard Home for Girls, while providing essential training for Tulsa's next generation of community volunteers. Current community projects of the Junior League of Tulsa include:

Mary Anne Thoman

Community Program Vice President

Amy Greene

Community Council Vice President

Ashly Hensley

Community Council Assistant

Ashleigh Boedeker

Saint Francis Chair

Ashley Farthing

Global Gardens Chair

Stephanie Currington

Laura Dester Impact

Sutton Murray

Impact Chair

Ashwini Vaidya

Scholarship Chair

Christina Rinaldi

Resonance Impact Vice-Chair

Paula Settoon

Gilcrease/TU Task Force

Shea Eby

Harvest Market



**Sutton Murray and Sarah Stewart with her two children passing out
candy canes at the Mother's Group Santa Project.**

Holiday Market

JUNIOR LEAGUE OF TULSA

Tulsa's Best Holiday Shopping Experience!

After Halloween, focus transitions to the upcoming holidays, shopping gets into full swing, and it truly becomes the most wonderful time of the year. After three years at Union Multipurpose Activity Center, Junior League of Tulsa's annual Holiday Market grew into a new location, Central Park Hall at Expo Square and experienced one of its best years ever.

Hosted the first weekend in November, Holiday Market welcomed 110 merchants and more than 4,000 shoppers to the fourth annual event. Shoppers enjoyed "one-stop" shopping throughout the weekend, buying everything from jewelry, clothing, and accessories, to holiday décor, gourmet foods, and children's toys. Junior League of Tulsa furnished a booth this year including Tulsa cookbooks and cookbooks from other Leagues, aprons, and featured a new commemorative holiday ornament.

"Changing locations allowed us to expand the number of merchants and our merchandise selection this year," Vice Chair of Merchants and Facilities, Brandi Thomas said. "The move proved to be a success for shoppers and merchants alike."

Shopping kicked off on Thursday evening with Preview Partini, a private shopping event drawing more than 200 patrons for exclusive shopping bargains, light bites and cocktails. Partini patrons were greeted with "swag bags" of donated items from Tulsa-area businesses and enjoyed live music from Dave Richardson of Dave and the Wavetones.

Not only did shoppers have the best selection of merchandise and discounts from many merchants, they also bid on holiday wreaths and pulled wine donated by area liquor stores. "Delish light bites, fantastic tunes, wonderful shopping and events... Preview Partini was definitely the event to kick-off the holiday spirit." said Vice Chair MaryBeth Nesser.

The general public shopped Holiday Market on Friday, Saturday, and Sunday. After perusing the many aisles of vendors and making their

perfect purchases, shoppers received complimentary gift wrap at the JLT gift wrap station and tested their luck by purchasing a raffle ticket for the chance to win one of three collections of wonderful items donated by generous merchants and valued over \$1,300. Shoppers also enjoyed festive holiday décor and poinsettias provided by Southwood Landscape and Nursery.

Holiday Market was made possible by the generous support of our corporate partners, including KTUL NewsChannel 8, Party Pro Rents & Events, Southwood Landscape & Nursery, QuikTrip, Petty's Fine Foods, and Kimberly Clark. Together with the hours of work from its dedicated volunteers Holiday Market was a success. Committee



Holiday Market Vice Chair MaryBeth Nesser, President Cassie Barkett, and Chair Rita Moschovidis Burke.



Our new location, Central Park Hall.

members and JLT volunteers logged more than 1,000 hours of volunteer time over five days, from setting up and working the market during open hours, to tearing down. "It is amazing to see what a group of 100% volunteers can accomplish. It was exciting to be a part of it!" Chair Rita Burke said.

While shoppers and vendors were undoubtedly pleased, all involved can delight in knowing that this fundraiser benefits JLT's many community and training programs, and ultimately helps build a better Tulsa. Holiday Market 2010 grossed over \$95,000 in revenue. "We are excited about this year's outcome, the potential for future growth, and what we can reinvest into the community. The

committee has been hard at work and cannot wait to start planning our fifth anniversary market slotted for the same venue and first weekend in November, 2011," Burke said.



Holiday Market Committee members Christianne Warlick and Laina Riffe



Tulsa's Magazine for 25 Years



TulsaPeople



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The Junior League of Tulsa was featured in the January issue of Tulsa People with an article highlighting JLT's service to the community. Check out the great article at www.tulsapeople.com



www.jltulsa.org A giant leap forward.

If you haven't been to the Junior League of Tulsa's website lately, you are in for a surprise!

On September 12, JLT unveiled a state of the art website. Not only has this overhaul given JLT a fresh new look, it has made it easier for league members, sustainers, community partners, and patrons to stay informed of events, fundraisers, community projects, and buy event tickets and products. Members of JLT can efficiently communicate with their committee, schedule meetings, track obligations, share files and photos, all cutting time and cost.

Check this out! Members that have an iPhone can use an application that syncs the JLT directory, GroupShare groups and schedules to their phone. This efficiency helps reduce paperwork and redundancy, allowing members focus on "Building a Better Tulsa".

Questions about our new website? Please email technology@jltulsa.org

Meet your Junior League of Tulsa Board Members:

Heather Duncan

Communications Council VP

Place of Birth: Fort Hays, Kansas

Provisional year: 2005/06

Education: Metro Christian Academy and Oklahoma STATE!

Family: super cute husband Jason and 2 fantastic little boys – Jack (8), and Henry (4)



Jason & Heather Duncan with Jack and Henry

Employment: Director of School Advancement, Cascia Hall.

Hobbies / interests: reading, running, attending my boys, brothers and sisters sports/ events.

Favorite Sport: Basketball

Favorite Childhood Memory: Christmas at my Grandma's house with all my siblings. It was the best.

Goal yet to achieve: Being a great big sister and great mom at the same time.

Greatest achievement so far: Being a good big sister to my ten brothers and sisters.

Have you learned any skill in League that you have applied to other aspects of your life? I learned that

everything we do makes a difference and that any task big or small is important.

If you could travel back in time: I would want to be a fly on the wall at Henry VIII 's house! How interesting would that be!

If time and money were no object: I would be skinny and volunteer for a living! And I would be a good snowboarder because I would pay the big bucks for private lessons!

Favorite JLT placement/why? Membership Matters (both times!) I loved that my committee's entire goal was to make our members feel good about things and help them out when times were tough. Stellar Committee!

My favorite volunteer activity: Decadence of course! I love that we get to bring our husbands, friends and family to meet our JLT family. I like the champagne too!

Favorite food or restaurant: Steak – medium rare! I also have a soft spot in my heart for bacon.

Favorite place you have traveled: London to see my brother.

Other relatives in League? (active or sustaining) nope – but I have a bunch of sisters that will be joining us soon!

Benefits of membership in JLT: 1. FREINDSHIP! I cannot imagine my life without the mentors and friends I have gained from the League. 2. PERSPECTIVE: I will never forget my time spent at the Laura Dester Shelter. I am so blessed and so are my boys.

Advice to provisional's: Believe in yourself! When you love what you do, it is easier to make time to do it!

Jennie Wolek

Recording Secretary

Place of Birth: Tulsa, OK

Provisional year: 2003-2004

Education: Jenks (K-9), Edison (9-12), University of Oklahoma

Family: Husband, Chris; Daughter, Mia

Employment: Keller Williams Realty

Hobbies / interests: New in 2010 - running and reading.

Favorite Sport: College Football- OU of course.

Favorite Childhood Memory: The Westside YMCA. For many years I went there every summer. It was so cool with horseback riding, swimming, archery, riflles, kickball, cook-outs, canoeing, fishing, arts & crafts and even over nights. I wore florescent zinc oxide on my nose and had green hair all summer!

Greatest achievement so far: I started running at the end of August. I pictured myself as a runner and told myself I could do it. I started running in baby steps and worked my way up to the Tulsa Run 5K in October. I just kept telling myself that walking was not an option. It worked! Life is all about mindset. If you think it, it usually happens.

Favorite JLT placement/why? This year on the Board of Directors has been my favorite. Now I feel that I have seen all sides of the league. I have gotten to witness amazing women working together and we have had a wonderful year.

My favorite volunteer activity: I will always love the Impact Committee and all their different projects. From working with children to painting buildings and planting flowers, this is where you really get to see who we impact! They appreciate us so much, and we feel satisfaction and joy for what we do. Isn't that what volunteering is all about?

Favorite food or restaurant: Any and All! Before Mia: Palace Café, Dalesandro's, In The Raw. After Mia: Savastano's, Red Robin, Ted's

Favorite place you have traveled: A few summer's ago we traveled to Banff, Canada. It was my first time to Canada and it was beautiful! Gorgeous weather, mountains, hot springs, hiking, shopping, spa. And we stayed in a castle!

Benefits of membership in JLT: Connecting with like minded women, who can all teach me something!

Advice to provisional's: It's so cliché but true- you get out of it what you put in. I never pictured myself in a Junior League Board of Directors position; I just didn't think it was for me. I'm so glad I said yes to the experience. Life is about growing and becoming better. Junior League is a part of my growth! I've been saying

this a lot lately: "Do what you have always done, and you will get what you have always gotten." If you want more out of life, you have to give more!



Jennie & Chris Wolek with Mia

Developing the Potential of Women: AJLI Training Offers Benefits to Delegates and their Leagues

By Sarah Dougherty
JLT President Elect

Organizational Development Institute (ODI) is a series of educational training meetings hosted by the Association of Junior Leagues International (AJLI). They offer mission-based training to help build and strengthen League leadership. Over the years, ODIs have demonstrated their effectiveness as informative, inspiring and innovative three-day weekend training programs.

Annually, current and future JLT leaders are selected by the Nominating Committee to participate in training courses and bring best practices back to our League. In addition to general sessions for all participants, ODI offers specialized “tracks.” Rita Burke and Kathy Knight were selected by Nominating to attend the ODI training in Houston, Texas in October 2010. They attended the Membership Development training track.

Rita and Kathy kicked off their three-day training weekend with a reception hosted by The Junior League of Houston. They had the pleasure of meeting AJLI President Delly Beekman, in addition to delegates representing their Leagues from around the country. The opportunity to network with AJLI leadership and like-minded women is one of the key benefits of the conference. Delegates are given multiple opportunities to participate in group discussions as part of the training. Kathy stated she “really appreciated attending the intense and relevant training. All leagues, regardless of size, face the same challenges and opportunities; it was wonderful to learn about other Leagues’ best practices and tweak them to best-suit JLT’s needs.”

Rita found that attending ODI was an inspiring experience and stated, “I loved meeting the other women from around the country and learning about AJLI. We shared and brainstormed many ideas about the Junior League membership experience, both what we can improve and what we are already doing well. I am excited to bring these ideas back to our own League and put them into action!”

The Membership Development training was designed to explore how to build and strengthen League membership. A goal for the delegates is to determine what systems are needed in their League

in order for members to feel the value of their Junior League membership and become lifelong members.

According to Rita “membership is so important to the success of our organization. Our members generate fantastic ideas and donate their time. If we continue to invest and cultivate a membership filled with impressive, energetic, well-trained community volunteers, we will make a larger impact in Tulsa.”

Kathy added “attending ODI really solidified that AJLI - and JLT - are organizations that truly support its members by providing them with meaningful and effective training where the knowledge can easily be transferred through our committees, councils and the board.”

After all, isn't that what JLT is all about? Thank you Rita and Kathy for demonstrating your commitment to JLT and our mission by attending the conference. Through the development of women we are improving our community and promoting voluntarism.



**Kathy Knight, AJLI President, Delly Beekman,
and Rita Burke**



When I grow up, I want to wear Moxie shoes and jewelry, just like my mom.

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JLT Out & About



2011 - 2012 JLT Board



Katie Mabrey finding her bling for Decadence at Miss Jacksons



Kalan Chapman browses jewelry at Miss Jacksons



Annie Tran, Betsy Hendershot and Courtney Bailess at JLT Provisional Kick-Off



2010-2011 Decadence Committee at Miss Jacksons



Brooke Sturdivant and Whitney Stauffer (Liaison)



Miranda Russell and Krystie Cupp (Liaison)



Stacy Tomberlin and Shannon Thomas



Shea Roach and India Carter at December General Meeting



Leslie Frazier, Heather Duncan, Shea Roach, Janna Roberson at December General Meeting at Philbrook



Sutton Murray, Brandi Thomas, Cassie Barkett, Ronda Lau, Lisa Silvestri at December General Meeting at Philbrook

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