SUMMER 2014 VOL. XII, ISSUE III

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THE MAGAZINE OF THE JUNIOR LEAGUE OF TULSA

# #TBG

throwback gusher

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# FAMILY **vacation**





#### **OPENING FALL 2014**



#### A history of serving generations past; a future of serving those yet to be born.

For generations, Saint Francis has been the hospital of tomorrow—anticipating and meeting the healthcare needs of the region it proudly serves. This legacy of leadership continues today as Saint Francis prepares to open its Trauma Emergency Center and patient tower in fall 2014. This new facility will house an 85-bed trauma center and emergency room as well as 150 patient rooms.

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#### **EDITOR'S LETTER**

Dear Readers,

Welcome to the 2014 summer issue of gusher!

It is at this time each year that we can celebrate all the wonderful accomplishments of our amazing League here in Tulsa, while enjoying the summer sun and vacationing with loved ones.

We have much to celebrate from the 2013-2014 year. With succesful annual fundraising events such as Holiday Market, Mentorship Luncheon, and Spring Gala, the Junior League of Tulsa has placed its mark in Tulsa as a leading organization that hosts events that are not only fun and exciting, but also informative and lucrative. We also welcomed new blood into our League as this year's Provisional Class made waves in our community and created new friendships along the way. While we celebrated the "future" of JLT, we also celebrated an increasingly successful endownment program that will ensure the longevity of our League and its members.

While I am in a celebratory mood, I'd like to applaud those within the past year that have helped to make this publication a success in both content and creativity. The members of the 2013-2014 *gusher* Committee (Laura Swan, Katie Zoretic, Amanda Alvarez, Ann Boyd, Kara Fleege, and Holly Payne) provided JLT members and outside community readers four issues of quality, informative content, while working with strict deadlines and various content/advertising sources. They have been the heart of this publication, and without them I wouldn't have survived. I'd also like to thank our Sustaining Advisor (and personal mentor) Lucia O'Connor for her open ears and generous heart. I hope to one day be the community leader that she is currently day in and day out.

I'm sure you have noticed that the aesthetic of this magazine has changed this past year. The creative genius behind it all has been Michael Giesecke, and I want to thank him for his brain, graphic design skills, and patience. Thank you for breathing new life into *gusher*!

I'd also like to acknowledge all the outside contributors (fellow League members) and photographers (Leslie Hoyt and Paul Agee) for their letters, stories, and art. You have all been an integral part of this publication, and I thank you for playing a part in this magazine.

This issue's theme is "Junior League of Tulsa's Family Vacation." Summertime gives us the opportunity to take vacations with our loved ones, and I thought you would enjoy reading some of League members' favorite vacation stories. I hope that each and every reader has the opportunity to travel somewhere this summer where you can create new stories of your own.



courtesy of Leslie Hoyt | www.lesliehoyt.com

At the end of the year, I typically hand over the Editor-in-Chief reins to a bright, new Chair, but SURPRISE...you will have the good fortune to read four more letters from me as I will continue on as Editor-in-Chief of *gusher* for the 2014-2015 year. I am thrilled to serve in this position again, and I pledge to you that I will continue on with great stories, beautiful covers, and excitement by the tons.

Thank you for your continued readership, and I look forward to seeing you back for our Fall 2014 issue!

JLT Love.

Jennifer Wyckoff gusher CHAIR, 2013-2014

#### 2013-2014 GUSHER COMMITTEE

Jennifer Wyckoff, Chair Laura Swan, Vice-Chair Katie Zoretic, Vice-Chair Amanda Alvarez Ann Boyd Kara Fleege Holly Payne Lucia O'Connor, Sustaining Advisor

gusher is a quarterly publication of The Junior League of Tulsa, Inc., 3633 South Yale Ave., Tulsa, OK 74135; devoted to informing the membership and the community of current League projects, events and issues. For more information on advertising, please visit www.jltulsa.org and click on gusher or e-mail gusher@jltulsa.org.

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**SUM** 

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#### ON THE COVER: JLT FAMILY VACAY

Join members of the Junior League of Tulsa as they recall travel with their families and friends



**PAGES 12-13** 

#### 2 summer 2014

#### **FROM THE PRESIDENT**

hat a year this has been. I can't believe it is already summer time! The gavel has been passed, and I'm able to pause now to reflect on everything we have done this year. And what a year this has been! This has been one of the most amazing experiences in my life thus far. It has been both a privilege and an honor to serve as your President.

I am grateful to have been able to follow so many amazing women in this role. Someone reminded me early into my Presidency that the League has been around for 91 years, and you can't break it! That was sound advice that I'm glad I followed. I wasn't worried about breaking anything of course, but it reminded me that it took 91 years for us to get here... no single decision or action is going to make 91 years go away overnight. I'm looking forward to joining the Past President's Council this coming year. Hopefully I can bestow some great advice to future Presidents someday, too!

I was thrilled to represent the Junior League of Tulsa at the Association of Junior League's International Annual Convention in May. Alison Wade, Carissa Cooper, and I were thrilled to accept a grant for \$3,500 from Kashi in recognition of our Harvest Market program. Of 296 Leagues worldwide, we are the ONLY League to receive this prestigious award all three years.

We lost a tremendous inspiration earlier this year. As I reflect back on the past 18 months, one of her quotes comes to mind. The great Maya Angelou reminded us that "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."



courtesy of Leslie Hoyt | www.lesliehoyt.com

Those words really resonate with me as I think about this journey as I have been on with the Junior League of Tulsa. Since 2001, I have worked to make a difference in people's lives in the Tulsa community and make them better. I have done this both through my work at JLT and in my professional life as well. As I literally sign off on my last official duty as President, I truly hope that I accomplished that, not just in words or action, but from my heart.

I look forward to starting my next journey as a Sustaining member of the League. I can't wait to celebrate our 100th birthday with you all. 2023 will be here before we know it!

Best of luck to you all next year, although you don't need it! You are in wonderfully capable hands and I can't wait to watch my friends continue their journeys. Alison and Carissa are great leaders and will take the League to great new places!

LIZ BROLICK - 2013-2014 President Junior League of Tulsa

Zi Bolick



#### – our mission

THE JUNIOR LEAGUE OF TULSA, INC., is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. Junior League of Tulsa reaches out to women of all races, religions, & national origins who demonstrate an interest in and commitment to voluntarism.

#### **CORE VALUES**

- Community: It is the heart of all we do .
- **Diversity:** The synergy of different perspectives
- Voluntarism: An essential component of our society
- Mentoring: Essential growth for future generations
- Leadership: The development of individual potential
- Respect: For our members' time, energy and skills
- **Collaboration:** Forming partnerships and strategic alliances
- Well-being: Physical, mental, emotional and social

#### **SAVE THE DATE**

Aug. 1 – Provisional Social Dilly Deli

Aug. 2 – Provisional Retreat

Aug. 20 – Member Mixer & Preview White House Mansion / 6:30 p.m. Sept. 17 – General Meeting

Community Food Bank of Eastern Oklahoma

Aug. 16 – Prov. Retreat Makeup October 15 – General Meeting Headquarters

Headquarters

For more information about the Association of Junior Leagues International Inc. or to find out more about how Junior Leagues build better communities, please contact:

The Association of Junior Leagues International Inc. 80 Maiden Lane, Suite 305 New York, NY 10038 Tel: 212.951.8300 • Fax: 212.481.7196 E-mail: info@ajli.org www.ajli.org

#### 2013-2014 **BOARD OF DIRECTORS**

Liz Brolick, President Alison Wade, President-Elect Rita Burke, Treasurer Nicole Randolph, Treasurer-Elect Kristal Sack, Recording Secretary Sarah Rehm, Corresponding Secretary Cyndi Nixon-Kernan, Community Program VP Carissa Cooper, Communications Council VP Stephanie Eckman, Financial Council VP Whitney Mathews, Membership Council VP Mary Beth Nesser, Nominating Chair Susan Kenny, Strategic Planning Chair Shelly Drullinger, Sustaining Advisor

#### 2013-2014 COMMUNITY ADVISORY BOARD

Victoria Bartlett, City of Tulsa Appointee Eileen Bradshaw, Eastern Oklahoma Community Food Bank Ken Busby, Arts and Humanities Council Mary Quinn Cooper, McAfee Taft Jill Donovan, Rustic Cuff Meredith Fazell, McAfee Taft Shane Fernandez, Crafton Tull Lucky Lamons, Tulsa Public Schools Foundation Karen Larsen, KJRH Betty Lehman, B'Nai Emunah Andy Levinson, IBC Bank Tina Parkhill, Parkhill's South

TBA

# transitions JUNIOR LEAGUE FAMILY NEWS

# announcement



**Shelli Holland-Handy (S)** was selected as Broken Arrow Public Schools' Chief Communications Officer.



The Junior League of Tulsa (JLT) family wants to know what is happening in your life. Please take a moment to let us know about your important events, including:

- Birth Announcements
- Engagement or Wedding Announcements
- Condolences
- Special Community Work

Please email information to the gusher at gusher@jltulsa.org



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#### Provisional: Rebecca Eubanks

- 1. How long have you been in Tulsa? Since 2002, originally from Georgia
- 2. Where is your go-to place to shop? Utica Square, love Anthropologie
- 3. What has been your favorite committee in JLT? I haven't served on one yet, but I'm excited to learn more at the Provisional Retreat!
- 4. Three words to describe yourself? Determined, sassy, and fun
- What is the most exciting place you've ever traveled? *Rio in* Brazil
- 6. What other volunteer work have you done? I serve every year for the Little Lighthouse
- 7. What is your favorite restaurant in Tulsa? Juniper
- 8. One word to describe Tulsa? Perfect-sized
- 9. What is the one item you can't leave home without? *My* puppy Lorelai
- 10. Who's your celebrity crush? Hugh Jackman

#### Sustainer: Stephanie Eckman

- 1. How long have you been in Tulsa? 8 years
- 2. Where is your go-to place to shop? Hobby Lobby and Party City
- 3. What has been your favorite JLT committee? *Holiday Market*
- 4. Three words to describe yourself? Creative, passionate, and giving
- 5. Where is the most exciting place you have traveled? *Hawaii*
- 6. What other volunteer work have you done? I'm currently chairing the auction committee for the Pierce Phillips Charity, decorating for CASA and Resonance events in the Spring of 2015, and co-chairing the Tulsa Children's Museum Discovery Lab event next year
- **7.** What is your favorite restaurant in Tulsa? *Red Rock Canyon Grill*
- 8. One word to describe Tulsa? Connected
- 9. What is the one item you can't leave home without? *iPhone*
- **10. Who's your celebrity crush?** *M. Shadows, lead singer for Avenged Sevenfold*



#### Active: Ruth Addison

- 1. How long have you been in Tulsa? 28 years
- 2. Where is your go-to place to shop? New York & Company, Banana Republic
- 3. What has been your favorite committee in JLT? Provisional Liaison
- 4. Three words to describe yourself? *dedicated, honest, and loyal*
- 5. What is the most exciting place you've ever traveled? *Nice, France*
- **6.** What other volunteer work have you done? *Tulsa Bar Association Diversity Development Committee, helping mentor high school children and discussing careers in law*
- 7. What is your favorite restaurant in Tulsa? Mi Terra
- 8. One word to describe Tulsa? Unique
- 9. What is the one item you can't leave home without? *Lipgloss*
- **10. Who's your celebrity crush?** Toss up between Mark Wahlberg and Morris Chestnut

#### Board Member: Cyndi Nixon-Kernan (Community Program VP)

- 1. How long have you been in Tulsa? My entire life, with the exception of college at Missouri State
- 2. Where is your go-to place to shop? Chicago or NYC, Bloomingdales



- 3. What has been your favorite committee in JLT? IMPACT. It's the best place to see how our fundraising efforts are put to use
- **4.** Three words to describe yourself? *organized, driven, and shop-aholic*
- 5. What is the most exciting place you've ever traveled? Amalfi Coast in Italy
- 6. What other volunteer work have you done? Go Red for Heart Executive Leadership Team, United Way Women's Executive Council, volunteer for Rebuilding Tulsa Together, Street School Site Coordinator for United Way Day of Caring
- 7. What is your favorite restaurant in Tulsa? KEO
- 8. One word to describe Tulsa? Giving
- 9. What is the one item you can't leave home without? iPhone
- 10. Who's your celebrity crush? Sting

# the BEST

Each issue your friendly *gusher* Committee will give you their top picks for living life in Tulsa. From food, to cocktails, to hotspot locations, these ladies have the scoop on where to go and where to be in the Oil Capital of the World.

**RESTAURANT:** The Brady Arts District has another winner in Sisserou's Caribbean Restaurant. If you're looking for unique flavors, this is definitely the place. After making multiple trips to this new hotspot, I highly recommend trying either the jerk chicken wings or the stewed oxtail (I'm being completely serious on that one). Favorite cocktail there? Hands down the Hibiscus Royale, actual edible hibiscus flower included. – *Jennifer Wyckoff* 

**ICE CREAM:** Gaetano's Pizzeria and Creamery. It may be surprising where one can find world class ice cream in Tulsa. When you step inside Gaetano's you are greeted with a smile and a display case of their premium gourmet ice creams. They offer 16 of 110 flavors of the award-winning Chocolate Shoppe ice cream, which are rotated often. Flavors include Heaps of Love, Haley's Comet, Superman, Yippee Skippie, Mint Avalanche, French Silk, and This Just Got Serious, among traditional favorites. Visit this family owned gem in Jenks at 121st and Elm. You will return! – *Ann Boyd* 

**SUMMER HOTSPOT:** Cherry Street Farmer's Market. Having not been to the Cherry Street Farmer's Market in a few years, I was pleasantly surprised. There were baked goods, live music, and various vendors for as far as the eye can see down the crowded street. We were able to pick up our weekly produce for a fraction of the cost and fresher than any store can get it to you. There are also vendors with herbs, crafts, and milks! – *Kara Fleege* 

**DOG PARK:** Biscuit Acres. I have a small dog (Zoe the Yorkie) so I like to stick to parks that have a small dog area separate from the larger dogs, and this is a perfect park for us. Not only do they have separate areas, but they also have picnic tables for the humans and water fountains for the dogs! There is plenty of room for dogs to run around, and all of the visitors we have encountered have been very pleasant. – *Amanda Alvarez* 

**BOUTIQUE:** Posh Style located on South Lewis offers a rotating selection of "on-trend" apparel, shoes, and accessories without the boutique price tags. They are also known for their semi annual shoe sale in June and new fall arrivals later in the year. Posh strives for superior customer service, so if you need that new fun-filled outfit for warm weather, don't forget to visit Posh Style. – *Ann Boyd* 

**FITNESS:** Want to get into shape for the summer season but don't want to hit the gym and/or pay for a gym membership? My favorite discovery on YouTube is the FitnessBlender channel, a channel that is filled with quick and full-length workout videos that will make you sweat and keep you toned. Whether you enjoy cardio workouts, kickboxing, or weights, FitnessBlender has it all. – *Jennifer Wyckoff* 

**COLD TREATS:** Iguana Island. If you haven't stopped at Iguana Island (on 71st between Mingo and Garnett) go there immediately and order a pineapple whip! They are simply amazing. They also offer every snow cone flavor under the hot summer sun as well as coconut whip. If you want to get creative you can even ask. Just make sure you get there before 9pm! – *Kara Fleege* 









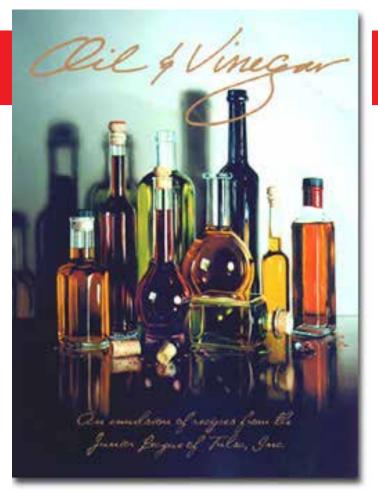




# COOKING with JLT

The "Official Cookbook of Tulsa," *Oil & Vinegar* is an emulsion of recipes from Junior League members, friends, and families. Known as the "Oil Capital of the World" nearly a century ago, Tulsa lured thousands of people seeking to strike it rich. These ambitious families brought a variety of traditions, legacies, and dreams, creating a culinary melting pot so beautifully depicted in this collection.

Copies of *Oil & Vinegar* are available for \$24.95 plus tax and can be purchased by calling the Junior League of Tulsa office at 918-663-6100.



#### RED POTATOES WITH WALNUTS AND GORGONZOLA CHEESE

- 20 red new potatoes, cut into halves
- salt and pepper to taste
- 1 tsp. thyme
- 2 tbsp. olive oil
- 4 oz. cream cheese, softened
- 1 <sup>1</sup>/<sub>2</sub> oz. gorgonzola cheese
- 4 slices bacon, crisp-fried, crumbled
- <sup>1</sup>/<sub>4</sub> cup sour cream
- <sup>1</sup>/<sub>4</sub> cup coarsely chopped walnuts
- Worcestershire sauce and Tabasco sauce to taste
- 1 <sup>1</sup>/<sub>2</sub> tbsp. minced chives

Scoop out center of each potato half, reserving the centers for another use. Toss potato halves with salt, pepper, thyme, and olive oil in a medium bowl. Arrange potatoes cut side down on a nonstick baking sheet. Bake at 300 degrees for 15 min or until potatoes are tender and golden brown.

Beat cream cheese in a medium mixing bowl until smooth. Add gorgonzola cheese, bacon, sour cream, and walnuts and mix well. Season with Worcestershire sauce and Tabasco sauce.

Spoon cheese mixture into each hot potato half, or pipe, using a pasty bag fitted with a large tip. Sprinkle with chives.

#### MAKES 40 HORS D'OEUVRES

#### **GRILLED ROSEMARY LAMB CHOPS**

<sup>3</sup>⁄<sub>4</sub> cup balsamic vinegar
6 tbsp. olive oil
3 tbsp. fresh lemon juice
3 tbsp. minced fresh rosemary (or 1 tbsp. dried rosemary)
6 garlic cloves, minced
1 tsp. pepper
12 (1-inch) lamb loin chops, trimmed
salt and pepper to taste

Combine vinegar, olive oil, lemon juice, rosemary, garlic, and 1 tsp. pepper in small bowl and whisk until well mixed. Arrange lamb chops in a single layer in a 9x13-inch glass dish and pour vinegar mixture over the top. Marinate, covered with foil, for 4 hours, turning occasionally. Drain lamb chops, reserving marinade. Season with salt and pepper to taste.

Grill, covered, for 4 minutes on each side for medium-rare or until done to taste, basting often with the reserved marinade. Discard any remaining marinade.

#### **SERVES 4**

#### MANDARIN ORANGE SALAD

#### SALAD

1 head iceberg lettuce, torn into bite-size pieces1 head romaine lettuce, torn into bite-size pieces1 small purple onion, thinly sliced, separated intorings

1 (8 oz.) can mandarin oranges, drained

1 (2 <sup>1</sup>/<sub>2</sub> oz.) package sliced almonds, toasted

#### MUSTARD VINAIGRETTE

1 cup vegetable oil

1/2 cup tarragon wine vinegar

1 tbsp. sugar

1 tsp. tarragon

<sup>1</sup>/<sub>2</sub> tsp. Dijon mustard

1/2 tsp. salt

1/4 tsp. white pepper

*TO PREPARE SALAD* combine lettuces, onion, mandarin oranges, and almonds in large salad bowl and toss.

*TO PREPARE VINAIGRETTE* combine vegetable oil, vinegar, sugar, tarragon, Dijon mustard, salt, and pepper in blender and blend for 30 seconds or until smooth. Pour over salad and toss to coat.

#### **SERVES 10**



### MAY GENERAL MEETING

#### by Jennifer Wyckoff

n May 14, 2014, members of the Junior League of Tulsa celebrated another successful year at the May General Meeting held at Stokely Event Center. Members and their guests dined on delicious bites provided by local restaurants and sipped on frozen bellinis in a colorful atmosphere filled with vintage signs.

The May General Meeting was filled with many highlights throughout the evening. Members and committees were honored for their dedication and service to JLT, and reports from various members were given to showcase the successes of the year. 2013-2014 President Liz Brolick passed on the President's Gavel to 2014-2015 President Alison Wade in the "passing of the gavel" ceremony, in which past JLT Presidents participated.

Concluding the evening was the celebration of 2013-2014 President Liz Brolick's birthday. Members surprised Brolick with a beautiful cake, upon which all members were invited to share in the festivities.

Cheers to a successful 2013-2014 year in the Junior League of Tulsa!



#### 

PROVISIONAL OF THE YEAR Vicki Wright VOLUNTEER OF THE YEAR Amanda Chalmers SUSTAINER ENGAGEMENT Ann Foster and Annabel Jones SUSTAINER OF THE YEAR Margaret Johnson SPIRIT OF THE LEAGUE Marketing Committee



#### JUNIOR LEAGUE OF TULSA'S 2013-2014 MILESTONE RECOGNITIONS

#### **NEW SUSTAINING MEMBERS**

- Liz Brolick
- Meg Cardoni
- Robin Couch
- Tiffany Culver
- Krystie Cupp
- Shea Eby
- Stephanie Eckman
- Caren Gerkin
- Kate Howell
- Susan Kenny
- Ashli Rogers
- Melissa Still
- Jennie Wolek

#### **FIVE-YEAR ACTIVES**

- Rita Burke
- Christa Caraway
- Amanda Chalmers
- Jaime Cooper
- Phyllis Higgins
- Andrea Kulsrud
- Jenny Lizama
- Katie Mabrey
- Giselle Martinez
- Whitney Mathews
- Maureen Meyers
- Mary Beth Nesser
- Beth Pielsticker
- Kristal Sack
- Gina Smith
- Suzanna Rea

#### **10-YEAR ACTIVES**

- Christina Fravel
- Kate Howell
- Susan Kenny
- Jennie Wolek

#### **15 YEARS OF SERVICE**

Toni Moseley

#### **20 YEARS OF SERVICE**

Nan Dickerson







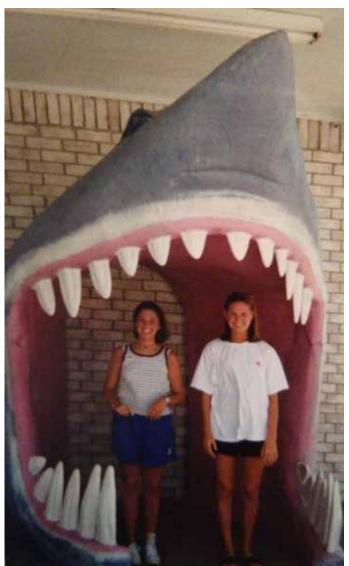
### JLT'S FAMILY VACATION

his issue features Junior League of Tulsa members' favorite vacation stories. Read along to see the places they've traveled and with whom they've traveled. If you haven't already gone on vacation yourself this year, these stories will definitely give you the travel itch!

#### **BROOKE STURDIVANT**

My dad has always been a rather HUGE fan of the actor, Richard Dreyfuss. Therefore, many, many, many of our family vacations centered on RD-themed movies, memorabilia, and destinations. When I was about 15 years old, my family took a road trip to Amity Island, the fictional summer resort town that was the setting for *Jaws*. He made us pose in front of the Jaws Museum. And I am kidding.

This is actually a picture of a family trip to North Padre Island, Texas. Each and every summer, my family took a very detailed, very planned trip to a destination most oftentimes

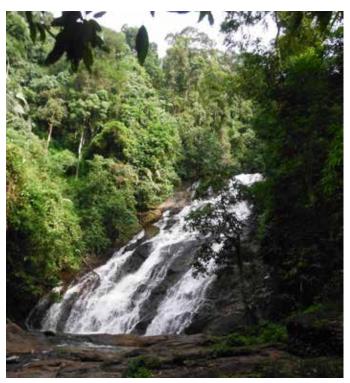


not associated with anything warm. This trip stands out, as it was an exception to trips to the East Coast where museums were more of our concentration than sandy beaches. My sister, my mom and dad, and I spent an entire week getting a tan and soaking up the sun, always making enough time to stop at a cheeky t-shirt store (hence the shark photo op) and to grab a coke, candy bar, and silk-screened memory of our vacation. I loved this trip because our time in the car was far more limited than our month-long venture to Florida/South Carolina, and we just relaxed.

My sister is hilarious, and we had so much fun shopping, swimming, and having fun with family. I am so grateful my parents were so intent on taking us on family vacations. Some of my best stories and memories are of my dad, mom, brother, and sister on family vacations. We were basically one deceased grandma away from forcing our way into Wally World. LONG LIVE THE FAMILY ROAD TRIP!

#### **CHRISTINA CALLAS**

Tana and I traveled to Thailand with two friends in late October of 2013. We spent a week seeing his family and bouncing around Bangkok before traveling south to spend some time on the beach. The absolute best adventure we took was a daylong cycling trip in the Northern part of Phuket. We saw water buffalo, locals drying chilis and shrimp in the sun, and lots of beautiful water. At the end, we cycled up a huge hill and into a national park where we jumped into a pool at the bottom of a waterfall. It was freezing, but after 30 miles of biking, it was the best swim ever.



#### **GRETCHEN WEAKLY**

Although it's not exotic, my favorite summer memories are at our family home on Lake James in Angola, Indiana. The anticipation of visiting each summer brings me so much joy, and I've gone almost every summer for the last 36 years. It's such a beautiful lake and spending time with extended family is so fun boating, relaxing, sunning, and of course indulging in



"just one more bite of dessert" and "one more glass of wine."

#### **GINA HASTY**

When I was about 16, my family and I went to France. We stopped at the Paris Opera House, and my mom and I were determined to see Box #5, the spot that the Phantom from the story demanded be saved for him. We couldn't read or speak French, but the signs blocking the way to that box were pretty clearly stating that nobody was allowed past that point. already spent Playing dumb, we sidestepped them and sneaked through. A woman ran after us, clapping and shouting, "S'il vous plait, s'il vous plait!" We snapped a picture of the forbidden box and escaped without any more trouble. My mom and I usually are "rule followers," but this was totally worth the memory.



#### **BRITTANY GUEST**

My husband and I went to San Francisco one November. The weather couldn't be better, the foliage was beautiful, and the crowds were light. This trip was so diverse during the four days that we were there. We rented a convertible to drive up Highway 1 to the ocean, stopping to have a quaint picnic along the way. Another day we experienced



Fisherman's Wharf and Alcatraz. Finally, the highlight of our trip was spending a couple days in Napa Valley. The beauty of Napa along with vineyard wine tours was amazing. We brought back a few cases of wine that we use for celebrations today.

#### **NIKKI BELL**

Off to the mountains we went To enjoy a cabin, money

Ski school for the kids on day one Surely, they would have big fun

*In the snow they would play* But, something was wrong at the end of the day

Our sweet girl was burning hot A fever, please tell us not

But oh she had the flu Guess what, us too

So, in the tiny rental car we packed With boxes of kleenex super stacked

Two years later, 'ski trip take two' The morning of, once again, the flu

So, with masks and tissues we got in the car The mountains never seemed so far

Looking back, that trip was the best Next time, let's hope the flu rests



### COMMUNITY ADVISORY BOARD SPOTLIGHT ON LUCKY LAMONS

- 1. How many years have you lived in Tulsa? 33 years
- 2. What is one word that best describes Tulsa? Green
- 3. What are three words to describe yourself? Motivated, disciplined and kind
- 4. What other community work have you been involved in? Have served on over 15 Boards of Directors of area nonprofits
- **5. Describe your typical responsibilities in a day.** *Sustain, stewardship and stature for the Foundation for Tulsa Schools*
- 6. What does the Junior League offer to Tulsa? Leadership, volunteers and compassion
- **7.** What are your hobbies? Spending time with my wife Shana, cycling and reading
- 8. Who makes up your family, pets included? Shana my wife and Gabby my dog
- **9.** How did you get involved in the CAB? Through the work JLT does for the Designer Showcase
- **10.** What is the best advice you can give to someone looking to volunteer in their community? There are many needs and options. You will always be able to find something in Tulsa that will speak to your interests/passions.





### THROWBACK GUSHER #TBG

Throwback gusher, also known as #TBG, is a play on the ever-popular social media trend #TBT, or Throwback Thursday. The idea behind Throwback Thursday is to resurrect old photos from one's past for others' enjoyment. Our version, #TBG, will pay homage to old articles in past issues of gusher so that today you may see what was making news in the Junior League of Tulsa in years past. In conjunction with the Archives Committee, we hope that you enjoy traveling back in time with our dear magazine.

Published in *gusher* February 1988 Public Affairs Update section

#### LEAGUE SUPPORTS COMMUNITY BOARDS by: Patty McNear

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Each year the Junior League of Tulsa, Inc. places interested members on the Boards of Directors of a number of agencies that request a League representative. This is an effective link between the League and agencies whose work is compatible with League endeavors.

The following explains the purpose of this type of partnership and the procedures involved.

#### WHY DOES THE JUNIOR LEAGUE HAVE OFFICIAL COMMUNITY BOARD MEMBERSHIP?

- To promote voluntarism.
- To improve the community through the effective action and leadership of trained volunteers.
- To maintain ties with former Junior League projects.
- To increase the visibility of the Junior League within the community.
- To bring information about the Community Board and its program back to the League for education.
- To provide an opportunity for increased advocacy in an area of interest to the Junior League.

#### WHEN A COMMUNITY BOARD REQUESTS JUNIOR LEAGUE REPRESENTATION:

- The Community Board contacts the Junior League Executive Committee requesting an official League representative.
- The Junior League President sends information to the Community Board.
- The Community Board responds to the information requested and confirms the invitation.



- The Junior League Executive Committee determines the compatibility of the purpose and program of the Community Board with that of the Junior League and, if appropriate, the Nominating Committee appoints a Junior League member to serve on the Community Board. The appointee should be experienced and have a good knowledge of the Junior League of Tulsa and its position statements.
- An orientation is provided for the appointee by the Public Affairs Committee.





am humbled and excited to serve the Junior League of Tulsa (JLT) as your new Sustainer Engagement Committee Chair. Writing a letter for the gusher is daunting...should I write about my personal experiences as a Junior League Active and Sustainer and how they have impacted my life? Should I highlight the work of our Sustainers in the Tulsa community? Should I write about our goals for the coming year? (oops, I can't do that. My term just started June 1, and I've been on a cruise from May 30 to June 13!) I finally decided on Sustainer Engagement...what it is and what it can be in the future.

What is "Sustainer Engagement?" By definition Sustainers are Junior League members who continue to support the Junior League of Tulsa AND our communities. Sustainers employ skills they developed in the Junior League every day in corporate, non-profit, and personal settings. When I look at the city of Tulsa and state of Oklahoma, I see literally hundreds of JLT members who are making a difference in our city and state. One of my personal goals as Engagement Chair is to highlight the efforts of these Sustainers.

While it is easy to define "Sustainer," defining "engagement" is trickier. Sustainers are not a monolithic group. We range in age from mid 30s to over 90. Some of us have preschoolers; others are spoiling their great grandchildren. Some of us have high-powered careers; others are retired and spend their time pursuing their personal "bucket lists." Some of us are social media savvy; others do not have a computer. Some of us are interested in joining Actives with a "done in a day"

### Hello, Sustainers!

project or a Sustaining Advisor role; others are so busy leading other corporate and non-profit entities that they barely have time to eat dinner, much less attend a JLT function. The one thing we all have in common is this - a belief in the mission and goals of the Junior League of Tulsa.

I believe Sustainer engagement is centered on creating an environment that encourages Sustainers' commitment to the Junior League of Tulsa's goals and projects, motivates them to contribute to JLT's success, and at the same time, enhances our diverse group of Sustainers' personal well being. Meaningful Sustainer engagement must be built on strong personal relationships and action toward JLT's mission and goals.

Over the past eight years the Sustainer Engagement Committee (and its predecessor Sustainer Board) has done a great job of creating venues and activities where Sustainers can build and develop these all-important relationships. These include our Book Club, Lunch and Dinner Clubs, and our newest venture, "Catch Up Over Cocktails." We have also sponsored regular Sustainer social events, many of which have highlighted current JLT projects. I am grateful for the leadership of our past three Chairs, Sherrie Graham, Sue Curry, and Mary Alice Ahlgren; our interest groups and enhanced socials are the direct result of their vision and support.

So what's next for the Sustainer Engagement Committee? Over the summer we will be planning our calendar for 2014-2015. We know that the four interest groups will continue to grow and develop. We have had some Sustainers express interest in creating additional interest groups. Some of the groups that have been suggested include: travel, running, tennis, movies, and a supper club (where Sustainers actually COOK – something that would be new and different for me!). If you have an interest in any of these new ventures please contact me.

With respect to social events, we would also like to continue the practice of highlighting a JLT community project at one of our social events. I have also heard a great demand for a repeat of our very fun lipstick swap party this spring - what about nail polish next year?

In closing, I hope that our Sustainers take the time this summer to rest, reflect, and refresh. Let's be ready to hit September focused on how we can make a difference as a Sustainer of the Junior League of Tulsa!

Sincerely,

Annabel Jones

Annabel Jones Sustainer Engagement Committee Chair, 2014-2015

# SUSTAINER UPDATE

**JLT WEBSITE:** It's easy to access the Member Login section of the JLT website (www.jltulsa.org) to obtain Sustainer member information (under Membership Matters tab), JLT Member directory, pay for JLT events/parties and more! Just enter your Username (Lastnamefirstname) and you will be directed to send an email to set up a password. You will create your own password and then be set to enter Member Login. There, you can check the box to "remember me next time I logon" so you don't have to remember your password each time!









#### ACTIVITIES

#### THE BOOK CLUB

July: *Under the Wide and Starry Sky* by Nancy Horan

August: The Life and Times of the Thunderbolt Kid by Bill Bryson

September & October: *The Goldfinch* by Donna Tartt

#### LUNCH CLUB

July: Rusty Crane (*N. Detroit, Brady District*) August: Leon's (*Peoria, Brookside*) September: The Restaurant at Gilcrease October: Bodean's Seafood Market (*51st St.*)

#### **RESTAURANT CLUB**

July: Tavolo (*S. Boston, Downtown*) August: Upper Crust Pizza (*91st/Yale*) September: McGill's (*21st/Utica*) October: Bodean's Seafood Market (*51st St.*)

#### CATCH UP OVER COCKTAILS

July: McNellie's (*1st St., Downtown*) September: Leon's (*Brookside*)



#### INVOLVED?

#### Want to get involved in Sustainer Activities?

Book Club Third Tuesday each month Mary Alice Ahlgren, (918) 691-9506 maahlgren@att.net

Lunch Club First Wednesday each month Robyn Cannon, (918) 298-7753 rlcannon@cox.net

Dinner Club Second Monday each month Ann Foster, (918) 694-6118 ann.foster@hilti.com

Catch Up Over Cocktails Club 4th Tues. or Wed., every other month Leslie Frazier, (918) 855-5044 Leslie.Frazier@cowetaps.org

#### 2014-2015 SUSTAINER ENGAGEMENT COMMITTEE

Annabel Jones, Chair Mary Alice Ahlgren Laurie Brumbaugh Julie Buxton Robyn Cannon Sue Curry Ann Foster Leslie Frazier Earlene Gathright Denise Piland Pam Rosser

# OUT and ABOUT















# OUT and ABOUT

















Mielsens

Recycled Glass Giftware Combines great color and style for entertaining Wonderful selections!!



## Magical Family Nights

Treat your family to a kid-friendly meal with mystifying magic at your tableside. Choose from the regular Melting Pot menu or feast on our three-course Special Family Menu.

a fondue restaurant

Sunday, August 11 from 5 pm to 10 pm

RESERVATIONS RECOMMENDED TULSA 918-299-8000

### ReMember...

Thank you for ReMembering the Junior League of Tulsa by renewing your dues or making a gift.

Follow the steps below and simply return this form in the reply envelope included within *gusher*.

#### Step 1: Renew your membership or make a gift:

Dues for the coming year are as follows:	
Active Member Dues	\$175
Sustainer Dues	\$100
Sustainer Dues – over 65 years of age	.\$75
Sustainer Dues - over 80 years of age	.\$0

\*If you would like to make a gift to the JLT endowment, make note of this generous gesture here:

I would like to donate \$\_\_\_\_\_\_ to the JLT Endowment.

I would like to make this gift in honor or memory of:

#### Step 2: Stay in touch

Stay in touch with JLT and provide updated contact information, including adding an email address. (While email correspondence might not always be the easiest way to stay informed, it is the least expensive and most timely.)

\_\_\_\_\_Check here if your address is incorrect on the gusher.

If incorrect, advise us of changes here:

\_\_\_\_\_ Check here if you do not want to receive updates from JLT via email.

Preferred email address:

Please share your contact number for the JLT directory:

#### Step 3: Stay connected

\_\_\_\_\_ Check here if you are interested in getting involved with a committee or task force. A member will contact you for more information and your areas of interest.

Thank your for supporting the Junior League of Tulsa.

### SAVE THE DATE!

#### STEP UP TO THE PLATE TO FIGHT HUNGER DURING HUNGER ACTION MONTH



BENEFITING THE COMMUNITY FOOD BANK OF EASTERN OKLAHOMA'S FOOD FOR KIDS PROGRAM

#### Presented by: TulsaPeople

RESTAURANT WEEK is a delicious opportunity to experience the Tulsa area's best restaurants at a great price and help fight hunger in Oklahoma!

PICK UP THE SEPTEMBER ISSUE OF TULSAPEOPLE or visit TULSAPEOPLE.COM for a list of participating restaurants and their three-course, prix fixe menus!



Restaurant Week benefits the Community Food Bank of Eastern Oklahoma's Food for Kids program. Proceeds will be matched by the George Kaiser Family Foundation.